

ROUTES

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Horse in front of the La Monclava Castle in Fuentes de Andalucía (Seville)

La Campiña y Los Alcores

ANDALUCÍA



La Campiña y Los Alcores



DAY 1. SCENIC GREEN ROUTE/VÍA VERDE DE LOS ALCORES DE SEVILLA

① Mairena del Alcor

Our route begins in Mairena del Alcor, at the foot of the Castillo de Luna (the Moon Castle), heading up to the park of Los Molinos and on to the Vía Verde de los Alcores, which follows the old railway line of what was once known as the "bakers train". From this vantage point, you can view the steep slopes and long bluffs of Los Alcores. A straight and well-marked path continues between Los Alcores and the Corbones River, offering lovely views of the exuberant vegetation growing along the sides of these soaring natural formations. At the other side, you'll find panoramic views of the plains and a wide expanse of farmland. The route begins in Mairena del Alcor and goes through El Viso de Alcor, where you can explore the park of la Muela.

② El Viso del Alcor

With a history that dates back to ancient times, this Andalusian town has preserved its architectural heritage, possessing outstanding landmarks such as the parish church of Santa María de las Flores with its noteworthy religious architecture. The Plaza de España sits in the heart of the town, and provides a welcoming space where you can enjoy a bit of the local lifestyle while taking in the beauty of the town's surroundings. As you continue along the Vía Verde de los Alcores going from south to north, you can view the eroded calcareous rock, characteristic of these slopes, and ending up in Carmona. The three distinguishable types

of landscape here are: the Alcores (escarpment), the Vega de Carmona (the broad plain) and the Terrazas (the terrace-farmlands), all of which you'll be seeing along your route.

③ Carmona

Carmona, with its 5,000 years of history, is full of architectural treasures, ranging from the Gate of Córdoba and Gate of Sevilla to the Roman necropolis and the Alcazar fortress.

A visit to the Carmona City Museum immerses you in the city's rich history, while its distinctive churches such as San Bartolomé and Santa María, together with its fortresses all contribute to its wealth of architecture. The archeological remains reveal the essence of ancient Carmona, with an exceptionally well-preserved Roman necropolis and a majestic amphitheater that can be seen from outside. The two fortresses, the Alcazar of the Gate of Sevilla, begun by the Carthaginians, and the Alcazar of Rey Don Pedro Alcazar, of Islamic origin, stand as witnesses to the different eras of Carmona's history and its rich and varied architecture. You can also take a religious-themed walk through the town to explore the outstanding churches of San Bartolomé, Santa María, El Salvador and San Pedro, along with the convents of Santa Clara and Las Descalzas.

WHERE TO HAVE LUNCH

Restaurante Molino de La Romera

C/ Sor Angela de la Cruz, 8, 41410 Carmona, Sevilla
molinodelaromera.es
954 142 000

Lolita Fusión

Avda. Ronda Norte, 48, 41410 Carmona, Sevilla
lolitafusion.es
955 278 890

Bar Casa Curro Montoya

C/ Sta. María de Gracia, 13, 41410 Carmona, Sevilla
657 903 629

WHERE TO HAVE DINNER

Restaurante Bar Mingalarío

C/ El Salvador, 7, 41410 Carmona, Sevilla
954 143 893

Almazara de Carmona

C/ Santa Ana, 33, 41410 Carmona, Sevilla
almazaradecarmona.com
685 851 560

La Yedra

C/ del Gral. Freire, 6, 41410 Carmona, Sevilla
layedra.es
954 144 525

WHERE TO STAY

Hotel Servilia

Pl. San Fernando, 6-7, 41410 Carmona, Sevilla
hotelservilia.com
722 565 484

Frenteabastos Hostel & Suites

C/ Domínguez de la Haza, 10, 41410 Carmona, Sevilla
frenteabastoshotel.com
955 220 382

Hotel Alcázar de la Reina

C/ Hermana Concepción Orellana, 2, 41410 Carmona, Sevilla
alcazar-reina.es
954 196 200



San Pedro de Carmona Church (Seville)

Discover more in ...





La Campiña y Los Alcores



DAY 2. ROUTE OF LOS PALOS

1 Fuentes de Andalucía

On the second day, the journey begins by crossing over the Corbones River to Fuentes de Andalucía. As you follow the Vía Verde de la Campiña, you will wander 26.1 kilometers through olive groves and fields of cereal crops, with interesting stop-off points such as the Madre de Fuentes stream, a haven for wildlife and riverbank vegetation.

A highlight of this route through the area farmlands is a stream that serves as a sanctuary for native flora and fauna. This waterway, known as the Guadalbardilla River, maintains an important ecological flow, with a semi-enclosed pool in this stretch of the Vía Verde. There are places of notable ecological interest at both the start and the end of this scenic green route.

In Écija, the Ruiz Sánchez Lagoon, protected as a ZEPA area (Special Protection Zones for Birds), and the Genil River, a main tributary of the Guadalquivir River, stand out because of their natural diversity.

This day's itinerary can be capped off by two alternatives to end the route:

2 La Luisiana

The first option is to stop off in the town of La Luisiana before continuing on with the remaining 12 kilometers to Écija.

This town, known as the "New and Royal Town", was founded in 1768 by King Carlos III, with its first settlers coming from Germany. A visitor here today can explore the remains of Roman baths, the Plaza Pablo de Olavide, and historic landmarks such the Town Hall and the Parish Church of Purísima Concepción. You can then wind up your visit in the El Campillo district, where you won't want to miss seeing the Church of Virgen de los Dolores.

3 Écija

If you prefer to continue your route without stopping, the second option is to go straight on to Écija, nicknamed the "City of 11 Towers". This city, declared an official Historic-Artistic Site in 1966, possesses an historic-artistic heritage of incalculable value. You will find a wealth of baroque monuments, churches and palaces, some with outstanding towers, steeples and viewing points soaring above the town, as well as works in the Renaissance and Mudejar style. Points of interest include the Benamejé Palace, the Écija Municipal History Museum that contains the famous statue "Amazona Herida" (The Wounded Amazon), the Tomás Beviá Municipal Library, the Route of the Palaces, and the Plaza de España to complement your experience, all of which display the richness of Écija's historical and architectural ensemble.

WHERE TO EAT

Taberna Las Tinajas

C/ Marchena, 25, 41420 Fuentes de Andalucía, Sevilla
620 123 733

Bar Pachi

C/ Soledad, 46, 41420 Fuentes de Andalucía, Sevilla

Fogón XI Torres

Avda. Jerónimo de Aguilar, 41400 Écija, Sevilla
fogon11torres.com
627 527 161

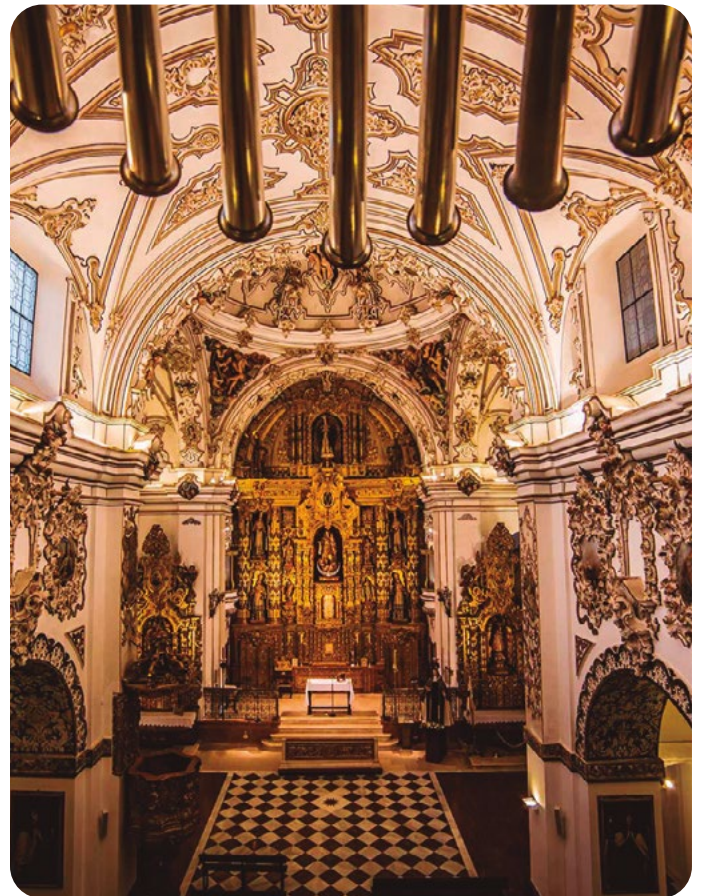
Bar La Reja

C/ Cinteria, 16, 41400 Écija, Sevilla
barlareja.es
954 833 012 | 686 613 240

TWO-DAY ROUTE ESTIMATED COST

- Gas: 20 € (81.7 km)
- Lunch and dinner (menu for 2 people): 150 €
- Hotel (2 people, double room): 65 €/night

TOTAL COST: 236€ (For 2)



Los Descalzos Church, Écija (Seville)



Los Marqueses de Peñaflor Palace, Écija (Seville)

Discover more in ...





The surroundings of the Laguna de Gallocanta Natural Reserve. Author: M^a Carmen Tronos



Jiloca y Campo de Daroca

ARAGÓN



Jiloca and Campo de Daroca



DAY 1. DAROCA AND THE LAGUNA DE GALLOCANTA

1 Daroca

The first day submerges you in majestic Daroca, the capital that give this region its name. This town emanates nobility and has an elegantly medieval air that permeates its splendid city walls. These structures, more than three kilometers long, extend up to the hills and cliffs in a fascinating trip through time. In its heyday, it boasted 114 fortified towers, and today make up one of the most imposing historic-artistic sites in all of Aragon.

The main street, calle Mayor, is bustling with life. But the city also invites you to lose yourself in its old Moorish quarter as you gaze up at the Mudejar towers and explore this rich and varied heritage. Its tourist office offers guided visits to Monumental Daroca every day of the week.

2 The Laguna de Gallocanta

Our afternoon takes us to one of the most fascinating treasures in the region: the Protected Natural Reserve of the Laguna de Gallocanta. This plan is especially recommended during the late fall and winter months of November, December, January and February, when the cranes abound in the lagoon. Thousands of these majestic birds come to their favorite refuge in Aragon's lake basin. While some of these cranes are just passing

through on their journey to the south of the Iberian Peninsula, increasing numbers make Gallocanta their year round home.

At night, the cranes huddle together in their aquatic roosts to protect themselves against foxes and other possible predators. A chilly sundown at the Laguna de Gallocanta is said to be one of the prettiest sights in the world. The departure of the cranes announces the coming of spring, and with it, the arrival of many other species. This is a favorite time of year for bird lovers, since more than 150 species can be spotted here.

WHERE TO HAVE LUNCH

Posada del Almudí

C/ Grajera, 5, 50360 Daroca, Zaragoza
976 800 606

Hotel Cienbalcones

C/ Mayor, 88, 50360 Daroca, Zaragoza
cienbalcones.com
976 545 071

Pastelería Manuel Segura

C/ Mayor, 63, 50360 Daroca, Zaragoza
pasteleriasmanuelsegura.com
976 800 782

WHERE TO HAVE DINNER

Albergue Allucant

C/ Mayor, 97, 50373 Gallocanta, Zaragoza
allucant.com
976 803 137

Hostal las Grullas

Pl. España, 5, 44230 Tornos, Teruel
hostallasgrullas.com
978 734 308

WHERE TO STAY

Hostal las Grullas

Pl. España, 5, 44230 Tornos, Teruel
hostallasgrullas.com
978 734 308

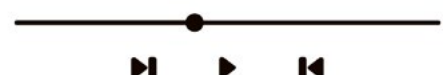


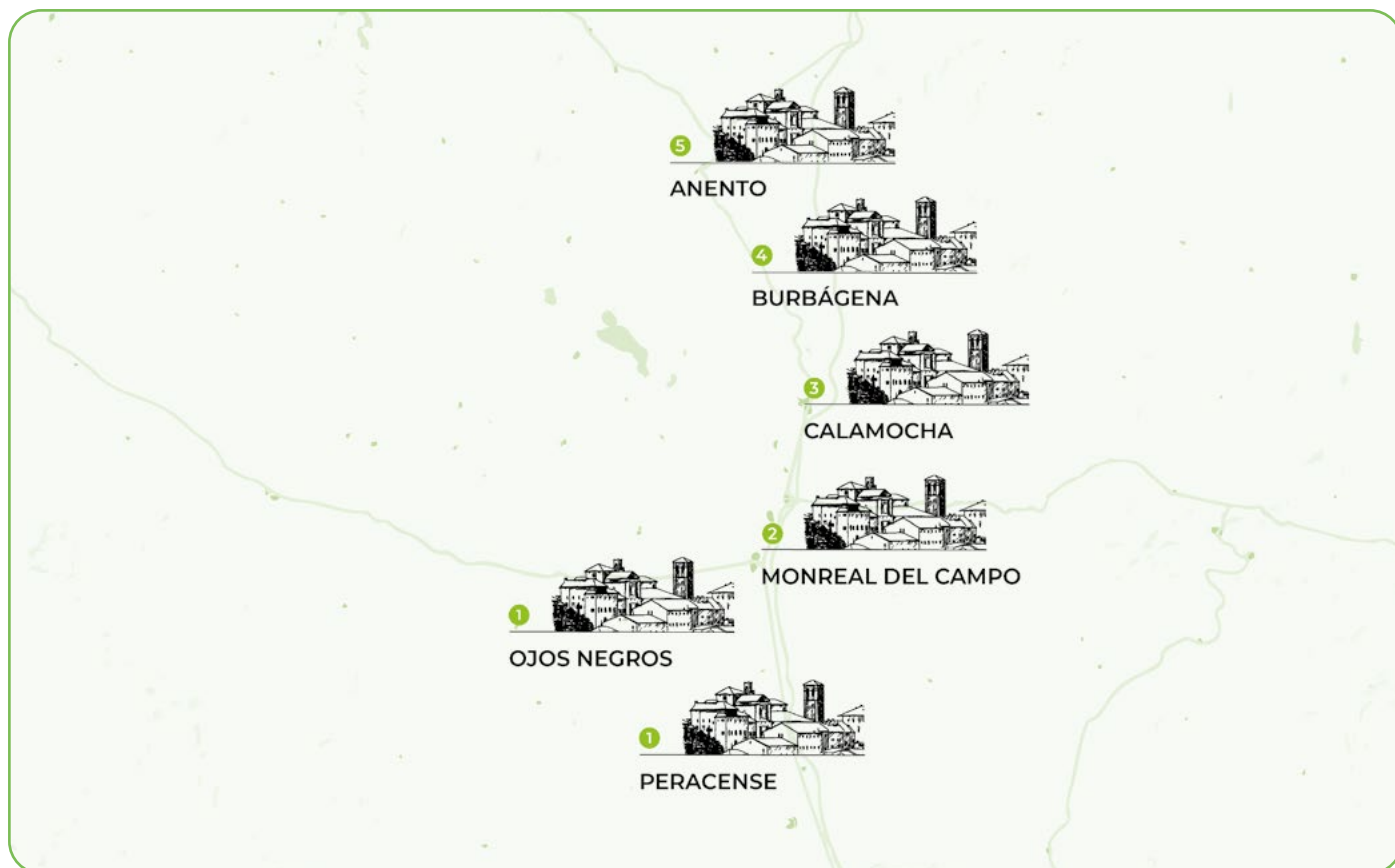
The Sabina de Blancas tree in the Jiloca region (Teruel)



Natural Reserve of the Laguna de Gallocanta in Aragón (Teruel)

Discover more in ...





Jiloca and Campo de Daroca



DAY 2. FROM PERACENSE TO ANENTO

1 Peracense and Ojos Negros

The region of Jiloca, a land of emblematic monuments, protected landscapes and products of renown, is a destination that can't be missed. And it is only a stone's throw from Zaragoza! Our route towards Peracense crosses the Paramera de Blancas, home of the Dupont's lark, a bird species in danger of extinction, and the open air sculpture museum of Jesús Guallar, recognizable by its replica of the Sabina de Blancas tree. Following the route, you will arrive at the Sierra Menera mining district in the town of Ojos Negros.

2 Monreal del Campo

Continue towards Monreal del Campo, where we find the Azafran Museum, a guardian of the culture and tradition surrounding saffron. This fascinating museum is located in the heart of the town at the Plaza Mayor. The building, an old manor house from the late 17th and early 18th centuries, has been used for different purposes over time. For nature lovers, visit the Ojos de Monreal, the source of the Jiloca River and an area rich in biodiversity.

3 Calamocha

Stop off in Calamocha, known not only for having the lowest temperature ever registered in Spain, but also for being home to some of the best cured hams,

under the denomination of origin "D.O. Jamón de Teruel". And don't miss out on seeing the Santa María la Mayor Church, with its captivating baroque facade. For more truly unique experiences, cross the so-called "Roman Bridge" or visit the Museum of Jamon and Popular Culture.

4 Burbáguena

Continue along the N-234 with your next obligatory stop in Burbáguena to see the remains of its medieval castle and the dwellings of the nobility, such as the Palaces of Latorre and the Marqueses de Montemuzo, the Casa de don Juan, the Casa Liñán and the Casa de los Gonzalo de Liria. Worthy of note are its bodegas and cellar-caves for storing and conserving wine in old wooden vats still in use.

5 Anento

The end of the day takes us to a village designated one of the "Most Beautiful Villages in Spain". Be sure to see the Gothic altarpiece, work of the Master, Blasco de Grañén. The afternoon is a great time to take a walk and follow the circular route towards the Aguallueve, a spring that emerges as drops of water, creating a spectacular relief with the moss-covered stone walls and small hidden grottos inside.

WHERE TO HAVE LUNCH

Restaurante El Zamacén

C/ El Cañar, s/n, 44300 Burbáguena, Teruel
zamacen.com
665 875 845

Bar el Jubilado

C/ Nueva, 22, 44313 Ojos Negros, Teruel
688 454 565

Restaurante Carlos Arguiñano

C/ Teruel, 5, 44200 Calamocha, Teruel
978 730 203

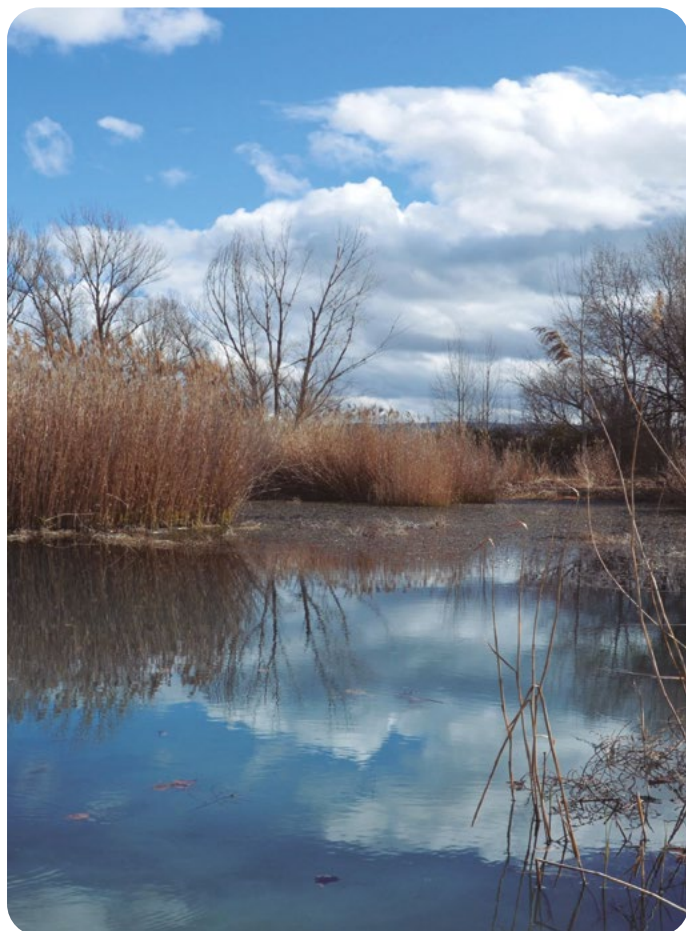
TWO-DAY PLAN ESTIMATED COST

- Gas: 16€ (160 km)
- Lunch and dinner (menu for 2 people): 120€
- Lodging (double room, 2 people): 100 €

TOTAL COST: 236€ (2 PEOPLE)



Saffron flowers in a field at Monreal del Campo (Teruel)



Ojos de Monreal, Monreal del Campo (Teruel)

Discover more in ...



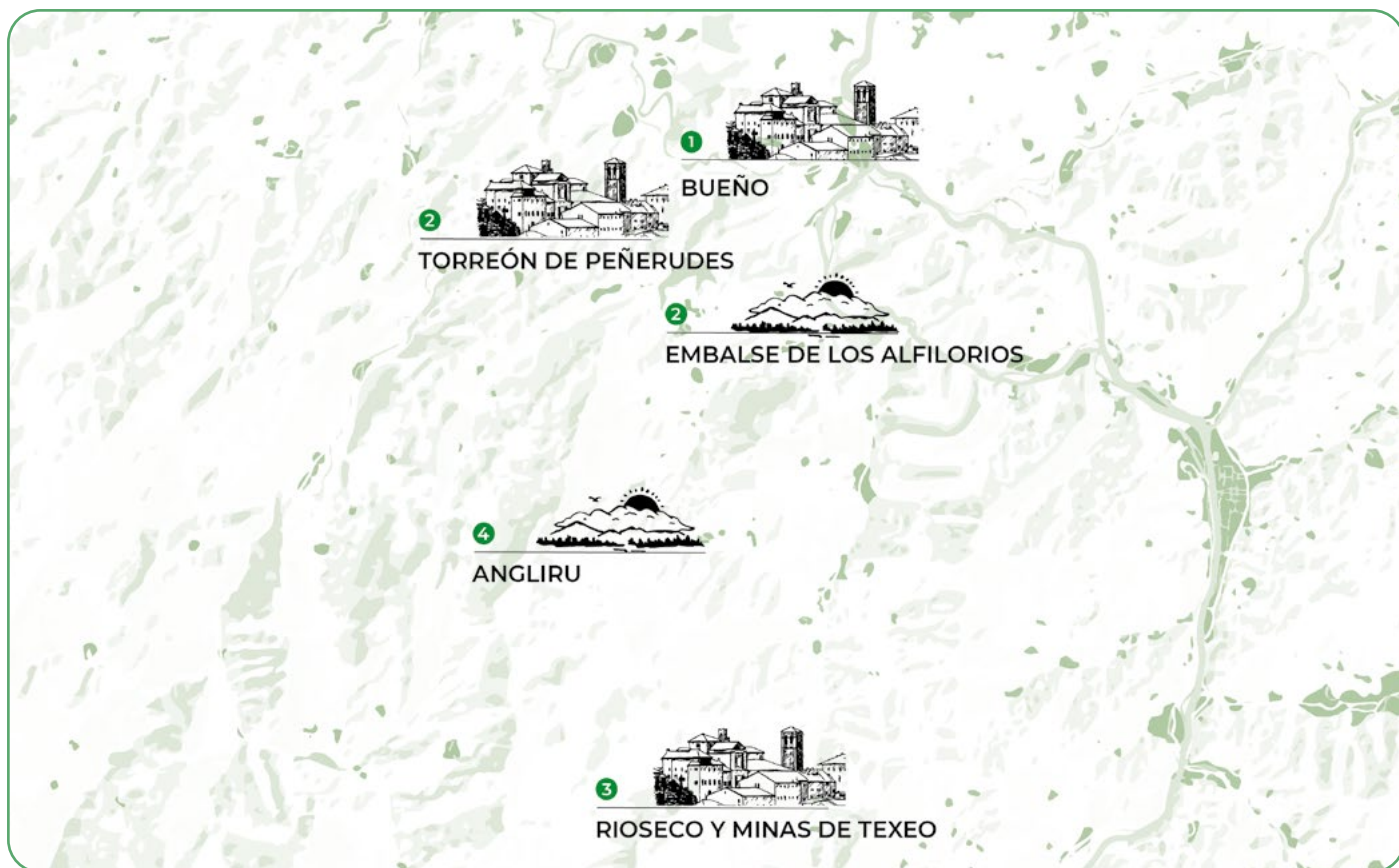




The Santa Cristina Church in Lena, Asturias

Montaña Central

ASTURIAS



Montaña Central



DAY 1. FROM THE MOST AND BEST PRESERVED HORREOS (TYPICAL GRANARIES) IN ASTURIAS (BUEÑO) TO THE MYTHICAL CYCLIST CLIMB OF ANGLIRU

1 Bueño

Our route begins in Bueño, distinguished as "an exemplary pueblo of Asturias" in 2012. Explore its charming streets and discover its 47 well-preserved horreos and paneras, unique structures used as granaries and that are symbols of Asturian ethnography. Take time to stop in at the town's Interpretive Center for a fascinating explanation of the secrets behind these rural constructions.

2 The Alfilorios Reservoir

From the overlook in the Alfilorios Reservoir, you'll be able to enjoy a view of Monsacro (Sacred Mountain), a magical and sacred place dating back to ancient times. According to tradition, two medieval chapels held the sacred relics of the Holy Arc there, which were later kept in the Holy Chamber of the Cathedral of Oviedo.

3 Peñerudes

Continuing towards Peñerudes, you can explore the remains of a medieval castle, a symbol of stately power in the area dating back to the late Middle Ages, with spectacular views of the Sierra of Aramo. Take advantage here to stop and enjoy the local cuisine.

4 Rioseco and the Texeo Mines

After recharging your batteries, head toward the town of Rioseco and the Texeo Mines. Rioseco exemplifies the industrial paternalism of the 19th and 20th centuries, with the old miner homes, the services building that included a bar and company store, and set further apart, the Director's House. The Texeo Mines, explored by a British company as of the 19th century, are considered to be the oldest ones in Europe. Human remains found here confirmed human copper mining activity going back more than 4,500 years.

5 L'Angliru

To end your day, head up to the iconic Alto de L'Angliru, famous since the 1999 Vuelta a España. In this world-cycling place of reference, you can experience its steep climbs with gradients up to 23.5% from the comfort of your car, or you can opt to cycle up. Once at the top, soak in the spectacular views of the Montaña Central of Asturias.

WHERE TO HAVE LUNCH

Restaurante L'Angleiru

Ctra. Vegas de San Esteban de Morcin, Mo - 1, Km. 1,
33162 Las Vegas de San Esteban, Asturias
angleiru.com
985 783 096

Restaurante Mirador Embalse Alfílorios

La Carrera, 33163 Argame, Asturias
miradorembalsealfilorios.com
985 783 153 / 717 168 000 / 635 670 465

WHERE TO HAVE DINNER

El Nuevo Lleron

C/ La Mina, 33160 L'Ara – Riosa, Asturias
984 098 595

Restaurante El Puente

C/ La Magdalena, 1, 33160 L'Ara – Riosa, Asturias
985 766 184

WHERE TO STAY

Hotel L'Aldea Soñada

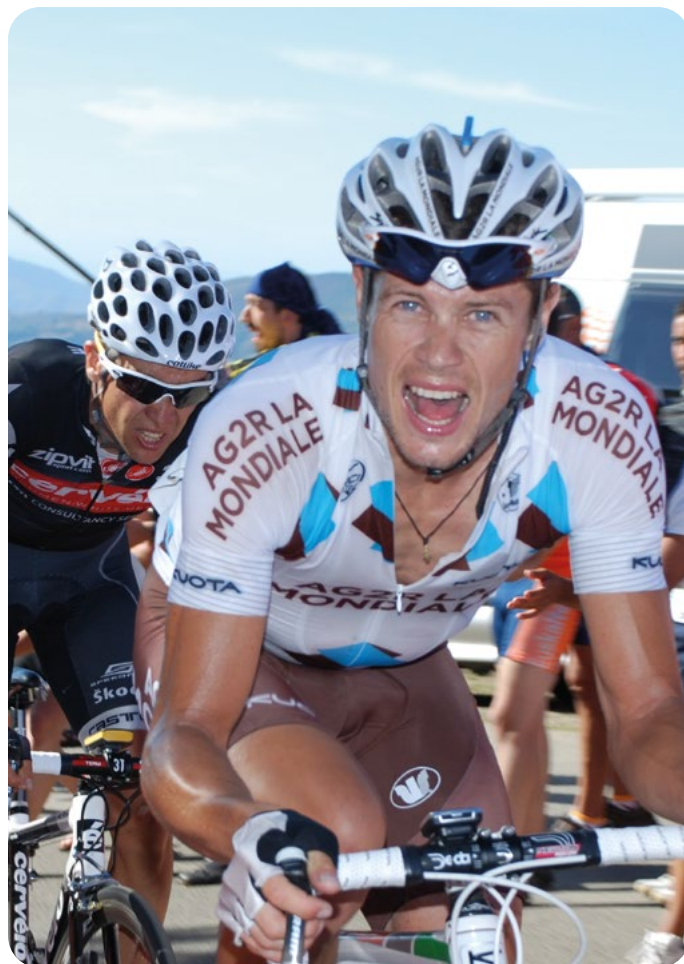
C/ El Curuxeo, s/n, 33160 Riosa, Asturias
laaldeadelangliru.com
985 970 687

Aires del Aramo | Apartamentos Rurales

C/ Piedrafita, 2, 33160 Riosa, Asturias
airesdelaramo.es
684 627 609

Casona Angliru

Bo. Puente Alta, 5E, 33160 Riosa, Asturias
casonangliru.com
650 818 499 / 640 252 357



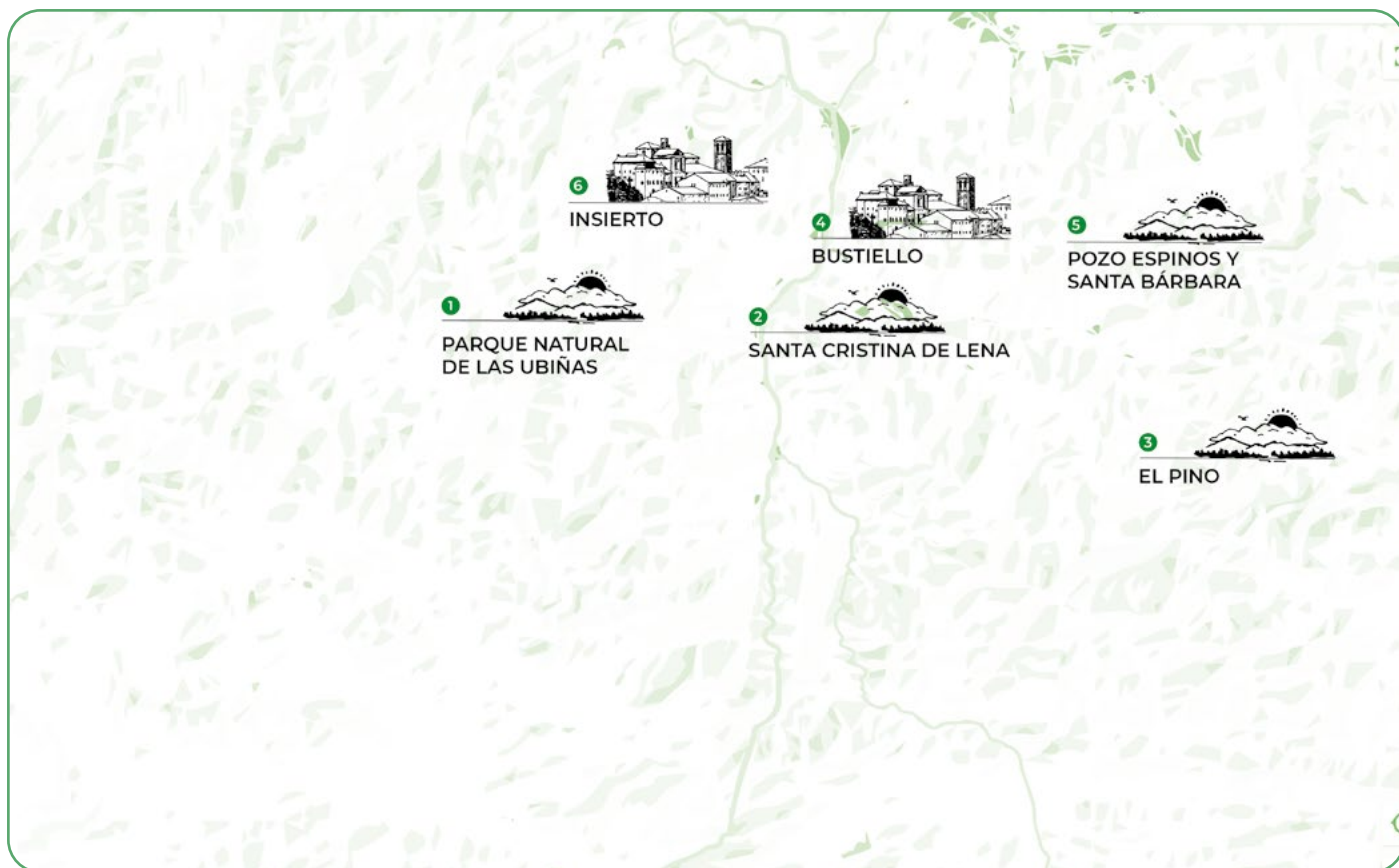
The climb up to L'Angleiru in the Vuelta a España, Angliru (Asturias)



Mount Monsacro, Morcín (Asturias)

Discover more in ...





Montaña Central



DAY 2. FROM LAS UBIÑAS-LA MESA NATURAL PARK TO THE SANCTUARY OF THE MARTYRS

❶ Pola de Lena-Tourist Office Las Ubiñas Park

Setting off from Pola de Lena, take the highway toward Puerto de La Cubilla and cross the magnificent Huerna Valley. You'll arrive at the Ubiñas-La Mesa National Park Tourist Office, where you can find information about all the different hiking trails that go through one of the most striking landscapes in Asturias.

❷ Santa Cristina de Lena- Xurbeo Waterfalls

Head back to visit the Church of Santa Cristina de Lena, a brilliant example of Asturian pre-Romanesque style and a World Heritage Site. Afterwards, go north towards Maruias. Here you can park and explore the pretty waterfall of Xurbeo, following a short one-hour out and back trail. Continue on towards Serrapio to visit the Romanesque-style Church of San Vicente, dating back to the 12th century.

❸ El Pino

Setting out for El Pino near Molín de Peón, don't miss hiking the first part of the Las Foces del Pino/Río Aller route; it's breathtaking! Now it's time to take a break and decide where you'll go for lunch.

❹ The Mining Town of Bustiello

After lunch, head to the council or municipality of Mieres to visit the mining town of Bustiello, a

showpiece of Asturian industrial heritage declared a Cultural Interest Site. In the Interpretive Center, you can take a guided tour through the site. Reservations are required for this tour.

❺ The Pozos (mining pits) of Espinos and Santa Bárbara

Continue on towards La Rebaldana to make a stop at the Pozo of Santa Bárbara installations, the first mine in Asturias, in operation until 1995, and where you'll see an impressive 30 meter-high extraction tower. It was declared a Cultural Interest Site in 2009. The Pozo of Espinos is a few kilometers away, which is the oldest coal mining structure in Spain.

❻ The Sanctuary of the Martyrs (Insierto)

To end your day, you'll go from the Turón Valley to the Cuna and Cenera Valley, arriving at Insierto to view the Sanctuary of the Martyrs Cosmas and Damian. This shrine commemorates the moving of their relics from Toledo to Oviedo at the time of the Muslim invasion. Every September 27th, a romería (a type of a procession or pilgrimage) takes place in this setting, which was designated a National Festival/Event of Tourism Interest in 1969.

WHERE TO HAVE LUNCH

Sidrería Las Foces

C/ El Pino, s/n, 33687 Aller, Asturias
985 487 150

Hotel Restaurante de Torres

Ctra. General, 85, 33688 Felechosa, Aller, Asturias
hrdetorres.com
985 487 011

Restaurante El Molín d'Eloy

Bo. Parte Alta, 32, 33688 Felochosa, Aller, Asturias
985 487 077

Restaurante El Parador de Felechosa

Ctra. General, 4, 33688 Felechosa, Aller, Asturias
hotelparador.net
985 487 101

TWO-DAY PLAN ESTIMATED COST:

- Gas: 25€ (245 km)
- Lunch and dinner (menu for 2 people): 200€
- Lodging (double room, 2 people): 180€

TOTAL: 405 € (2 PEOPLE)

Source: Asturias Tourism / Town hall webpages.

The choice of lodgings was based on being 10 kilometers or less from the day's destinations. The selection of restaurants is based on proximity to the sites visited.



View at Coto Bello, Aller (Asturias)

Discover more in ...



Route of the Hórreos in Bueño, Ribera de Arriba (Asturias)





View of the landscape in Tudanca, Cantabria

Saja-Nansa

CANTABRIA



Saja-Nansa



Saja Nansa

ASOCIACIÓN DE DESARROLLO RURAL

DAY 1. THE BEACH OR THE MOUNTAIN? WHY NOT DO BOTH?

1 San Vicente de la Barquera

Our itinerary begins at the seaside in San Vicente de la Barquera. The port here gives you an introduction into the life and complexity of the trade of the "rederas" (mostly women who weave and repair traditional fishing nets).

After that, explore the town, declared a Historic-Artistic Site, enjoying the Puebla Vieja with the Gothic churches of Luego, Santa María de los Ángeles and the 13th century castle with its breathtaking views.

2 La Ferrería de Cades

From here we head to the Nansa Valley, towards Ferrería de Cades, a pre-industrial complex built in the 18th century. There you can discover everything about the bygone professions of ironworker and miller through a guided tour that includes a demonstration on how their machinery worked. After that, take a break for lunch in one of the area's outstanding restaurants. It's always best to make a reservation first!

3 Riclones

Once you are feeling restored, head towards Riclones to visit the Chufín Cave. After a pretty trail that follows the Tanea River, enter inside this unique cave to view the rock paintings there, declared a World Heritage

Site.

4 Tudanca

Following that, go towards Tudanca, a Historic-Artistic Site where a stop in the Casa Museum of the writer José María de Cosío, is a must. Built by an indiano (referring to wealthy returning immigrants) in the 18th century, it holds such treasures as a splendid library along with a multitude of mementos from visits by illustrious figures of Spanish literature.

5 Valle de Polaciones

Only a few minutes away from Tudanca, between the reservoirs of La Lastra and La Cohilla, you will be awestruck by the Estrecho de Peña Bejo. From there, you'll get to the Polaciones Valley, where you can see traditional architectural elements such as solanas (a type of sun room), socarreñas (a type of storage shelter/shed built adjacent to the house), archways, etc., in towns like San Mamés and Tresabuela. You'll really delve into Cantabria's rural traditions here.

6 Carmona

To wind up this first day, head toward Carmona, located between the Nansa Valley and the Saja Valley. This Historic-Artistic Site has strikingly beautiful houses and palaces, and a stroll through its narrow streets will surprise you with the artisan woodwork. Stop for dinner on the road back or dine in the village.

WHERE TO HAVE LUNCH

Casa Jandro

Crta. 181, km. 14, 5, 39553 Celis, Cantabria
casajandro.com
658 768 691

La Portilla

Crta. General, s/n, 39553 Celis, Cantabria
942 727 521

Casa Miguel

Bo. Quintanilla, s/n, 39550 Quintanilla, Cantabria
942 727 849

WHERE TO HAVE DINNER

Casa Molleda

Bo. Pejanda, 9, 39557 Pejanda, Cantabria
posadacasamolleda.com
942 729 008

Bar-Restaurante El Recreo

Bo. Cosío, 96, 39559 Cosío, Cantabria
665 478 894

Donde Bis

Ctra. General el Cruce, 39554 Puenteansa, Cantabria
942 744 172

WHERE TO STAY

Posada El Puente

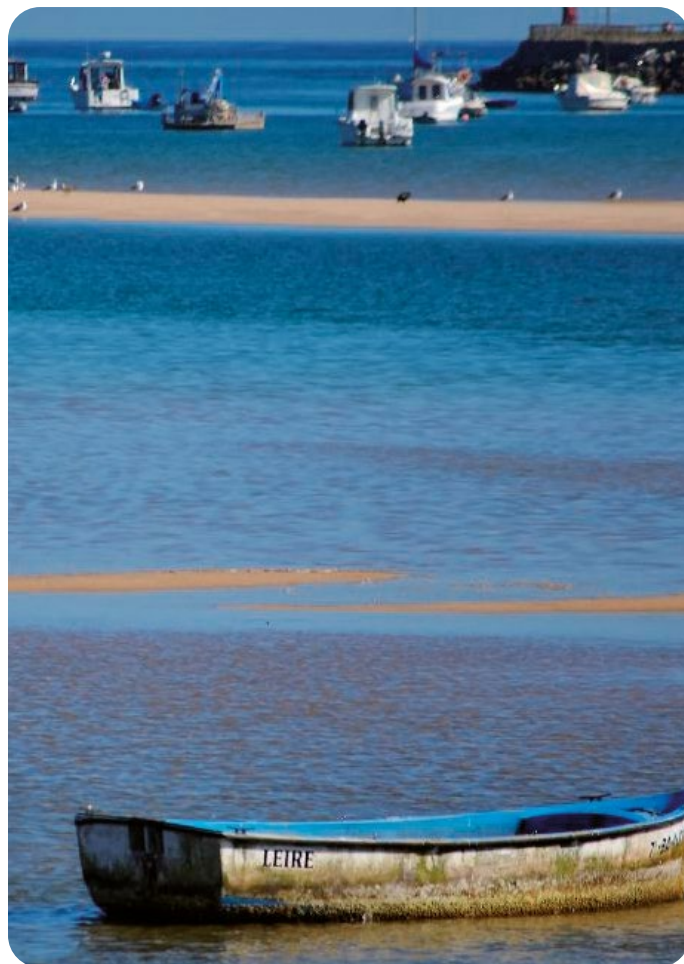
El Puente, s/n, 39558 Carmona, Cantabria
942 728 115

La Infinita Rural Boutique

C/ La Vera, 6, 39558 Carmona, Cantabria
lainfinita.com
636 949 497

Posada Fidel

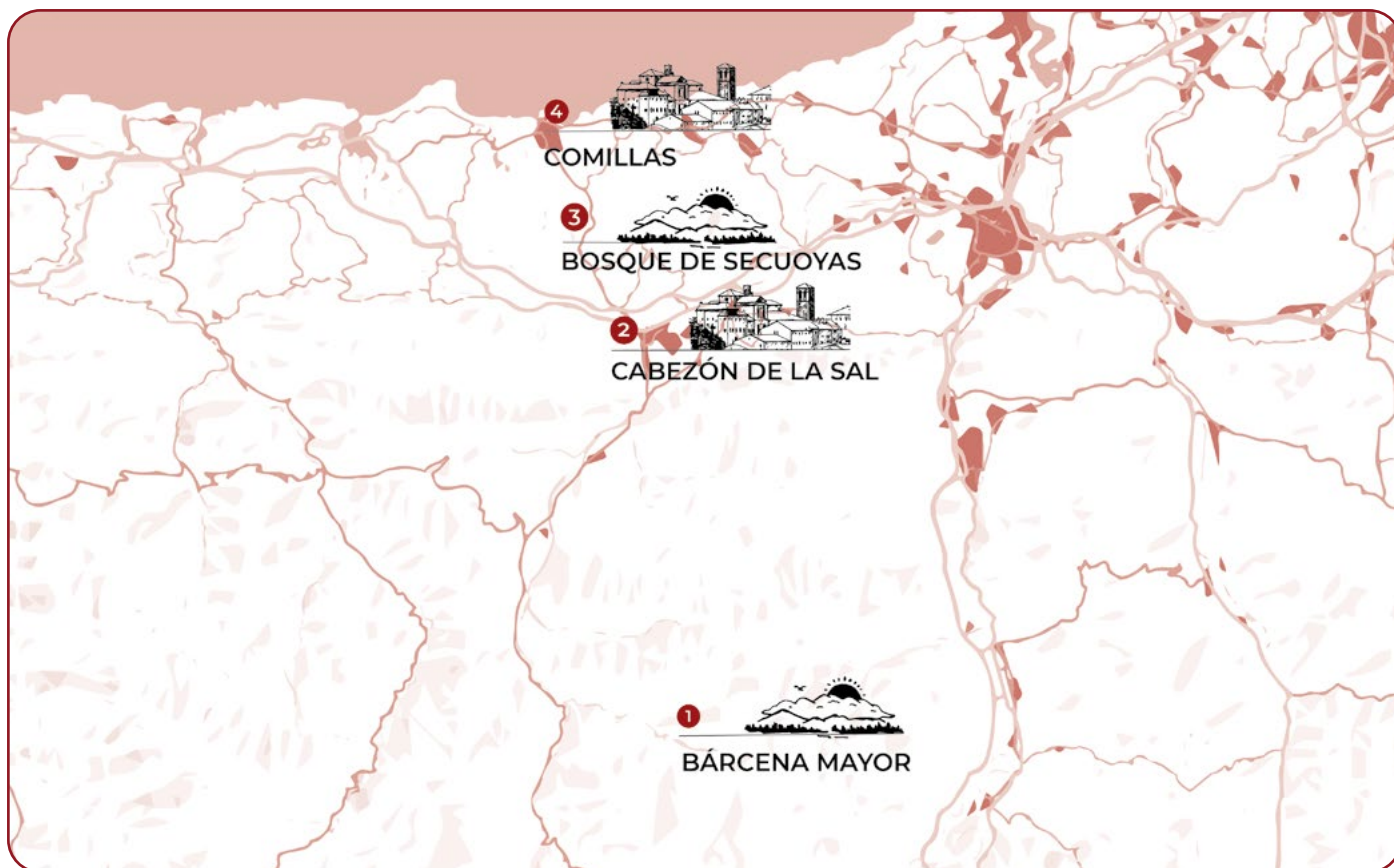
Pl. de los Mesones, 22, 33954 Puenteansa, Cantabria
posadafidel.com
942 728 047



San Vicente de la Barquera (Cantabria)

Discover more in ...





Saja-Nansa



Saja Nansa

ASOCIACIÓN DE DESARROLLO RURAL

DAY 2. THE MOUNTAIN OR BEACH? TWO IS BETTER THAN ONE...

1 Bárcena Mayor

From Carmona, head to the Saja Valley through la Collada, stopping several times to take in the viewpoints along the way. Upon arriving at the valley, continue on towards Bárcena Mayor, a Historic-Artistic Site to be explored on foot to best appreciate the rural mountain architecture of this historic village.

2 Cabezón de la Sal

Later on, make your way to Ruente, the source of the Fuentona stream, a place of legends, and catalogued as a Geological Point of Interest.

After that, head to Cabezón de la Sal to visit the Cantabrian town. Stop to have lunch to get ready for the afternoon ahead.

3 Bosque de Secuoyas

On the road to Comillas, there is an obligatory stop at the Sequoia Forest in Monte Cabezón. These magnificent towering trees accompany you along a peaceful hiking path that is apt for all ages.

4 Comillas

Once you've caught your breath, make your way to Comillas to explore this picturesque village with its diverse heritage, including noteworthy modernist

constructions by renowned artists. Take a walk through its streets and don't fail to see the Sobrellano Palace and the Panteón Chapel.

Following that, visit the Seminario Mayor, the Capricho de Gaudí and the cemetery, indispensable stopping points along this route. Wander through the narrow streets and enjoy its charming hidden corners. And don't leave without a walk along its little port. You can even take a dip in the invigorating waters of the Cantabrian Sea.

WHERE TO HAVE LUNCH

La Riojana Restaurante & Bar

Urbanización Molino de San Martín, 2, 39500 Cabezón de la Sal, Cantabria
lariojana.es
942 701 694

Restaurante El Cruce. Co

C/ Navas, 5, 39500 Cabezón de la Sal, Cantabria
942 701 823

Abacería de la Sal

Pl. Ángel de la Bodega, 4, 39500 Cabezón de la Sal, Cantabria
abaceriadelasal.com
942 709 178

TWO-DAY ROUTE ESTIMATED COST

- Gas: 20 € (165 km)
- Lunch and Dinner (menu 2 people): 220 €
- Lodging (Double room, 2 people): 120 €

TOTAL: 360 € (2 PEOPLE)



Natural Monument of the Sequoias in Cabezón de la Sal (Cantabria)



Bárcena Mayor (Cantabria)

Discover more in ...



Saja - Nansa
REDR

Paisajes Sonoros

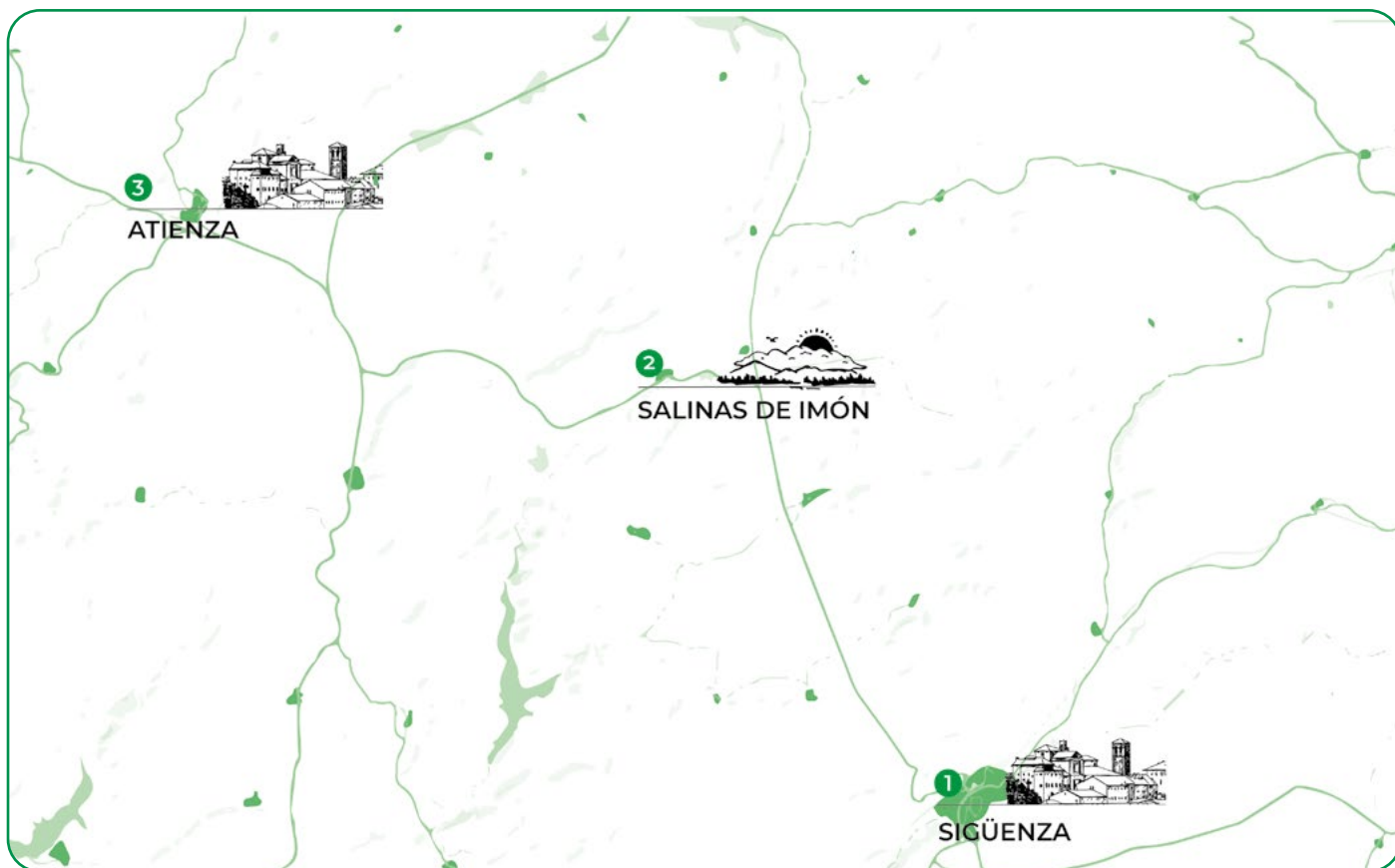




The Laguna de Tamajón (Guadalajara)

Sierra Norte de Guadalajara

CASTILLA - LA MANCHA



Sierra Norte de Guadalajara



DAY 1. SIGÜENZA AND ATIENZA

1 Sigüenza

On the first day, walk through the streets of the city of Sigüenza, exploring its medieval quarter, which includes the Jewish quarter, the Romanesque churches of San Vicente and Santiago and the Doncel House-Museum.

As you continue your stroll through the Plazuela de la Cárcel, you'll find the Fundación Antonio Pérez Museum, remains of the old city walls and the gateways Puerta de Sol and Puerta de Hierro. The old castle of Los Obispos is at the city's highest point, and is now one of Spain's most interesting paradors (a state-owned chain of hotels, usually located in historic buildings). Walking back down the calle Mayor, you'll get to the Plaza Mayor, one of the most outstanding renaissance plazas in Spain, with its original set of features that date back to the 16th century.

From the Plaza Mayor, you can contemplate the imposing presence of the Santa María la Mayor Cathedral, with the Romanesque and Gothic styles visible in its two fortress-type towers. The Spanish Civil War left its mark on its walls, which bear the impact of shots fired during the storming of the cathedral.

Following the street of San Roque, explore the illustrious

quarter of the city, especially noting the Palace of los Infantes and the Convent of San Francisco, now converted into a Catholic school. And to end your stroll, head to the Alameda Park, a pretty example of a neoclassical park that is the city's main artery, especially during the summer months. You can enjoy an aperitif or pre-lunch snack here, accompanied by the town's typical drink, a fino seguntino.

2 Salinas de Imón

On the way to Atienza, pass through the Imón Salt Mines, a Cultural Interest Site, located in the micro-reserve of the Salado River salt flats. These salt mines, exploited since Roman times, were granted to the diocese of Sigüenza by the King of Castile in the Middle Ages. The current appearance of the salt mines is a result of amplification and modernization carried out by King Carlos III in 1720. You can view the pools, and the remains of the constructions that house the waterwheels, along with the storage tanks.

3 Atienza

In the town of Atienza, meander through its streets and plazas that still retain their medieval charm. You can also visit the castle for some wonderful views of the area, as well as the rural Romanesque churches: **San Juan Bautista, La Trinidad and San Bartolomé.**

WHERE TO HAVE LUNCH

Cafetería Atrio

Pl. del Obispo Don Bernardo, 3, 19250 Sigüenza,
Guadalajara
atrio-siguenza.es
949 390 285 | 649 163 962

Hotel Rural Restaurante La Cabaña

CCM 110 km 23700, 19266 Palazuelos, Guadalajara
lacabanasiguenza.es
949 391 615

El balcón del Dulce

C/ Dulce, 4, 19267 La Cabrera, Guadalajara
elbalcondeldulce.com
675 313 838

WHERE TO HAVE DINNER

Relais & Châteaux Molino de Alcuneza

Crta. Alboreca, km 0.5, 19264 Alcuneza, Guadalajara
molinodealcuneza.com
949 391 501 | 620 450 816

Mesón Sabory

Pl. Mayor, 9, 19242 Hiendelaencina, Guadalajara
casasabory.com
949 899 019

Hostal-Restaurante Rijujama

Bo. La Estación, 3, 19294 Matillas, Guadalajara
rijujama.com
949 305 102

WHERE TO STAY

Relais & Châteaux Molino de Alcuneza

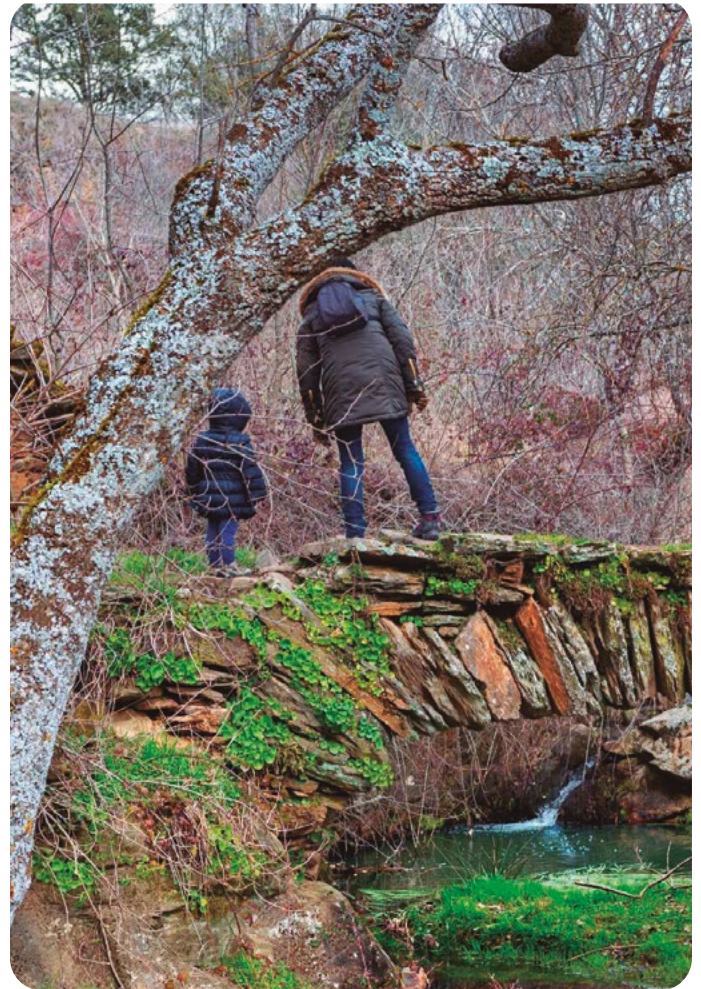
Crta. Alboreca, km. 0.5, 19264 Alcuneza, Guadalajara
molinodealcuneza.com
949 391 501 | 620 450 816

Casa Rural la Perla

C/ de la Perla, 29, 19242 Hiendealaencina, Guadalajara
laperla.com.es
616 206 156

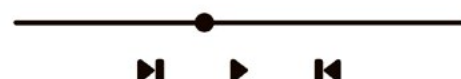
El Vagón de Baidés

P.º Angel María de Lera, 85, 19295 Baidés, Guadalajara
elvagondebaidés.es
629 810 609



Bridge in Navas de Jadraque (Guadalajara)

Discover more in ...





Sierra Norte de Guadalajara



DAY 2. FROM ARBANCÓN TO VALVERDE DE LOS ARROYOS

1 Arbancón

Arbancón is one of the villages marking the start of the Pueblos Negros (black villages) with their characteristic "black architecture" in the Sierra Norte of Guadalajara. Stop here and take a short amble through the town's streets and visit the Arbancón Museum of History and Customs.

2 Tamajón

From Arbancón, leave for Tamajón, the actual starting point for the Route of the Pueblos Negros, and which features outstanding scenery. The Ocejón Peak clearly dominates the landscape here, along with ancient forests, juniper heaths, rivers, streams, lagoons and reservoirs that are perfect for canoeing, and other sports. Here you will also find Tamajón's "Enchanted City" with dozens of curiously shaped karstic caves where recent important paleontological findings have been made. These are nicely explained and displayed in the Tamajón Paleontology and Archeology Interpretive Center. And you won't want to miss the pretty hermitage of Virgen de los Enebrales.

3 Valverde de los Arroyos

Just 25 kilometers from Tamajón, you'll find Valverde de los Arroyos, the foremost example of the Guadalajara Pueblos Negros, with its characteristic

traditional dwellings and their black slate roofs. Meander through the peaceful streets and experience all of the village's charms.

4 Las chorreras de Despeñalaguas

And 20 minutes from Valverde de los Arroyos, another natural spectacle awaits you: the waterfalls or las Chorreras de Despeñalagua.

There is a simple hiking route to the falls, formed from the waters of the Chorrero stream, at the foot of Ocejón Peak (2,048 metros). This mostly level loop trail has great views and is 4.5 kilometers, out and back. It's well-marked and signposted, making it an activity perfect for all ages, taking about an hour and a half.

WHERE TO HAVE LUNCH

Mesón Despeñalagua

C/ Enmedio, 10, 199224 Valverde de los Arroyos,
Guadalajara
949 307 449

La Tarihuela

Camino Lavadero, 318 P, 19224 Valverde de los
Arroyos, Guadalajara
652 094 018

TWO-DAY ROUTE ESTIMATED COST

- Gas: 13€ (116 km)
- Lunch and dinner (menu, 2 people): 150 €
- Lodging (double room, two people): 150 €

TOTAL: 313€ (2 PEOPLE)

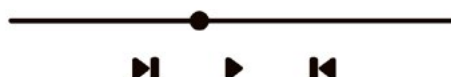


Tejera Negra Beech Forest in Cantalonjas
(Guadalajara)

Discover more in ...



Santa Coloma de Albendiego Hermitage (Guadalajara)



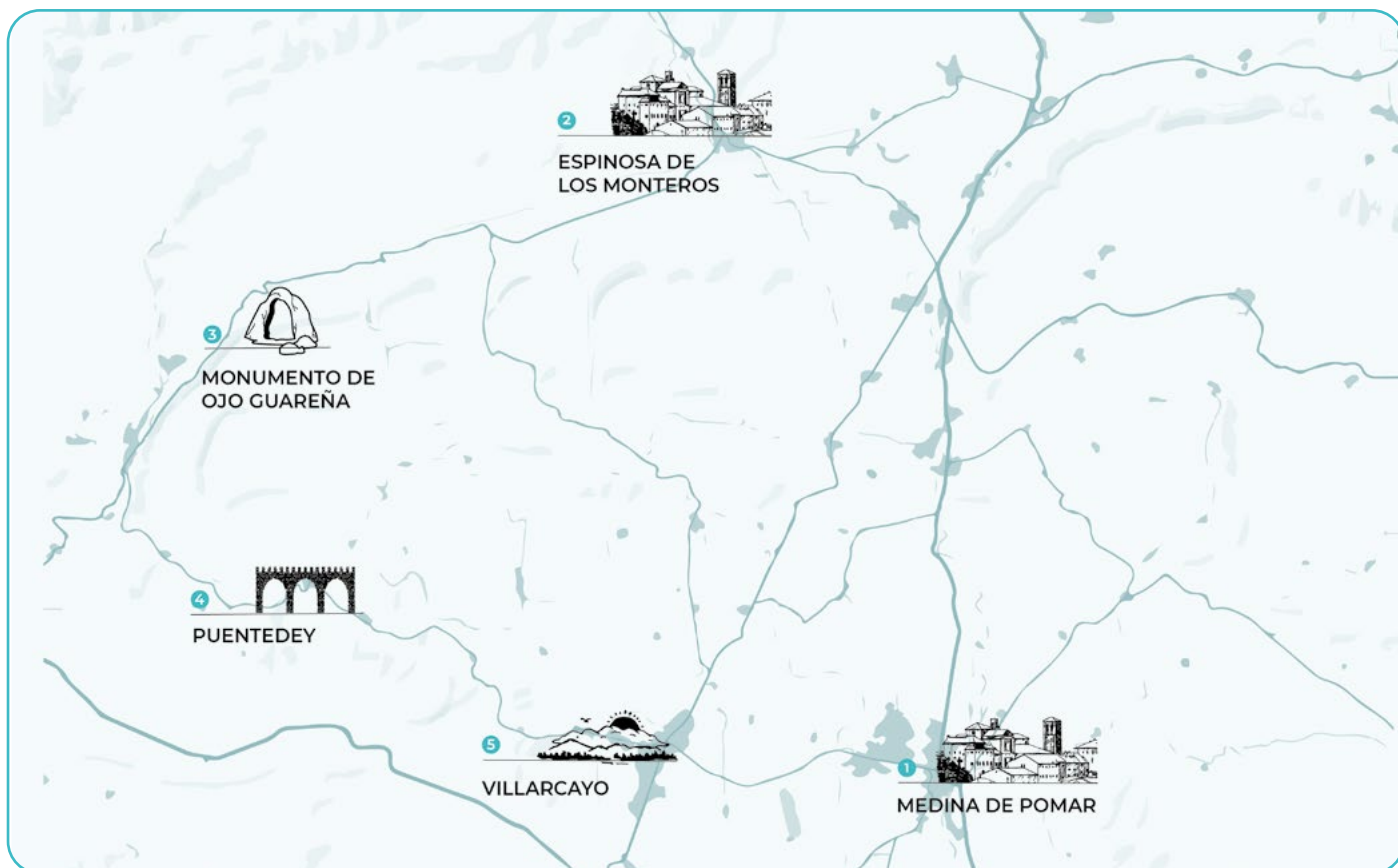




The San Bernabé Hermitage built into the rocks at Ojo Guareña (Burgos)

Las Merindades

CASTILLA Y LEÓN



Las Merindades



DAY 1. FROM MEDIEVAL MEDINA DE POMAR TO THE CAPITAL, VILLARCAYO

1 Medina del Pomar

The itinerary begins in the medieval enclave of Medina de Pomar. Meander through its narrow streets, exploring the Jewish quarter, and continue on to admire the spectacular fortress, the Alcázar de los Condestables, which houses the Historical Museum of Las Merindades.

2 Espinosa de los Monteros

From here, head to the extreme north of Las Merindades, arriving at the town of Espinosa de los Monteros. This locality, gateway to the green Pasiego valleys, contains a surprising wealth of heritage, and is the second town in the province in the number of Sites of Cultural Interest, just after Burgos, the provincial capital.

3 The National Monument of Ojo Guareña

Just ten kilometers away, you can visit the hermitage of San Bartolomé and the Caves of the Ojo Guareña, as well as hike on some of the trails at the Ojo Guareña National Monument site in the striking karst landscape. Stop for lunch at one of the excellent restaurants nearby.

4 Puente de Ey

Leave behind the magic of Ojo Guareña and discover the magic of Puente de Ey in just 15 minutes! Puente de Ey is a beautiful rural hamlet that was established on a natural stone bridge over the Nela River: Have your camera or phone ready-you'll get one of your most amazing pictures from Las Merindades here!

Near here, you'll find a short, half-kilometer path through a narrow gorge that leads to the stunning 30-meter La Mea waterfall. Note: it's best to take short hike after a rainy period to ensure that the cascade has water.

5 Villarcayo

Continuing along the highway, you'll get to Villarcayo, a town with a rich history and an extensive cultural and culinary offer.

To wind up this first day, take a relaxing stroll to contemplate the town's civil architecture, including its stately homes emblazoned with coats of arms and the Casa Consistorial and clock tower.

WHERE TO HAVE LUNCH

Asador Cueva Kaite

Crta. Cueva, s/n, 09568 Villabáscos de Sotoscueva, Burgos
947 138 680 | 655 991 195

Restaurante Maygo

Ctra. Bilbao-Reinosa, 6, 09575 Quintanilla de Sotoscueva, Burgos
947 138 744

Restaurante Ojo Guareña

C/ Barrio de la Estación, 3, 09568 Vallejo de Sotoscueva, Burgos
947 138 70

Hostal Merindades

C/ Doctor Albiñana, 70, 09550 Villarcayo, Burgos
hostalmerindades.com
692 709 517

La Ventilla del Tirabeque

Finca Cascajos, 4, 09553 Villacomparada de Rueda, Burgos
laventilladeltirabeque.es
636 232 783 | 672 525 509

Casa Rural Palacio de los Lambrequines

C/ Villacomparada de Rueda, 14, 09553 Villacomparada de Rueda, Burgos
palaciovillacomparada.com
677 439 805

WHERE TO HAVE DINNER

Restaurante Mesón del Cid

C/ de Zamora, 42, 09550 Horna, Burgos
hoteljimena.es
947 131 171

Restaurante Casino

C/ Burgos, 10, 09550 Villarcayo, Burgos
947 131 277

Bar Restaurante Alia

C/ Puente de, 3, 09550 Villarcayo, Burgos
947 132 031

Bodega Hotel Plati

C/ Nuño Rasura, 20, 09550 Villarcayo, Burgos
hotelplati.com
947 131 015

Rapa-Nui

C/ Nuño Rasura, 2, 09550 Villarcayo, Burgos
947 416 683



Puente de (Burgos)

WHERE TO STAY

Hotel Doña Jimena

C/ de Zamora, 42, 09550 Villarcayo, Burgos
hoteljimena.es
947 130 566

Casa Rural La Tesla

C/ Nuño Rasura, 14, 09550 Villarcayo, Burgos
rionela.com
630 216 600

Bodega Hotel Plati

C/ Nuño de Rasura, 20, 09550 Villarcayo, Burgos
hotelplati.com
947 131 015

Discover more in ...





Las Merindades



DAY 2. FROM VILLARCAYO TO THE MEDIEVAL TOWN OF FRÍAS

1 The Manzanedo Valley

From the town of Villarcayo, it's easy to get to the Monastery of Santa María de Rioseco, the Romanesque ruins of a Cistercian monastery that you can visit, set in the peaceful Manzanedo Valley.

2 Puente Arenas de Valdivielso

Head south towards the Valdivielso Valley, where you can see one of the most beautiful Romanesque constructions in Castile: the San Pedro de Tejada Church.

3 Oña

The highway from here that follows the Ebro River takes you through the lovely Valdivielso Valley, until reaching the town of Oña. You won't want to miss out on taking a quiet stroll through its medieval streets and a making a visit to the stunning Monastery of San Salvador de Oña, one of the most important of medieval Spain. After exploring this historic quarter, you can savor its culinary delights in one of the local restaurants.

4 Tobera

From the town of Oña, make your way to Tobera, where you can photograph one of the most beautiful sights in the province of Burgos. Nestled between the

steep rocky walls of the Moliner and the Tobera river gorges, you'll find its elegant medieval bridge together with the hermitages of Santo Cristo and Santa María de la Hoz. The river descends towards the picturesque hamlet of Tober, creating a marvel of cascades and waterfalls.

5 Frías

From Tobera, the city of Frías is just a stone's throw away. You'll fall in love with the castle there, whose official name is the Castillo de los Duques de Frías. It is perched on the soaring rock of La Muela, along with its hanging houses, bridge, medieval streets, and the old Jewish quarter.

What better spot to wind up your two-day route through Merindades than in one of Europe's prettiest towns?

WHERE TO HAVE LUNCH

Hostal Rural El Rincón del Convento

C/ Convento, 16, 09530 Oña, Burgos
elrincondelconvento.es
947 300 455

Hostal Rural La Muralla

C/ Ronda, 65, 09530 Oña, Burgos
hostalrurallamuralla.com
947 300 449

Restaurante Blanco y Negro

C/ Agua, 27, 09530 Oña, Burgos
samablancoynegro.com
947 300 152

Restaurante El Cazador

C/ Ronda, 65, 09530 Oña, Burgos
947 300 073

WHERE TO HAVE DINNER

Restaurante El Albergue

Ctra. Quintana Martín Galindez, 09211 Frías, Burgos
restauranteelalberguedefrias.com
627 635 060

Mesón Fridas

C/ del Mercado, 10, 09211 Frías, Burgos
mesonfridas.com
947 357 243 | 625 575 802

Bar-restaurante Ortíz

C/ del Mercado, 19, 09211 Frías, Burgos
947 357 067

WHERE TO STAY

Casa Rural Era de Vadillo

C/ Santa María de Vadillo, 32, 09211 Frías, Burgos
casarurallaeradevadillo.com
677 782 831

Casa Rural Angulo

C/ Santa María de Vadillo, 4, 09211 Frías, Burgos
casaruralangulo.com
664 290 081 | 644 428 131

Casa Rural el Convento de Vadillo

C/ Santa María de Vadillo, 22, 09211 Frías, Burgos
641 293 866

Casa Rural La Solana de Frías

C/ del Mercado, 24, 09211 Frías, Burgos
lasolanadefrias.com
615 543 033 | 947 357 262

Casa Rural Pepe

C/ La Errén, 8, 09211 Frías, Burgos
675 709 859

Casa Rural Pili

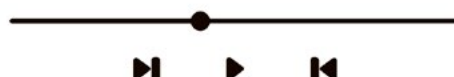
C/ San Francisco, 12, 09211 Frías, Burgos
947 358 563

TWO-DAY ROUTE ESTIMATED COST

- Gas: 15 € (132 km)
- Lunch and dinner (menu for two people): 175 €
- Lodging (double room, two people): 150 €

TOTAL: 340 € (2 PEOPLE)

Discover more in ...



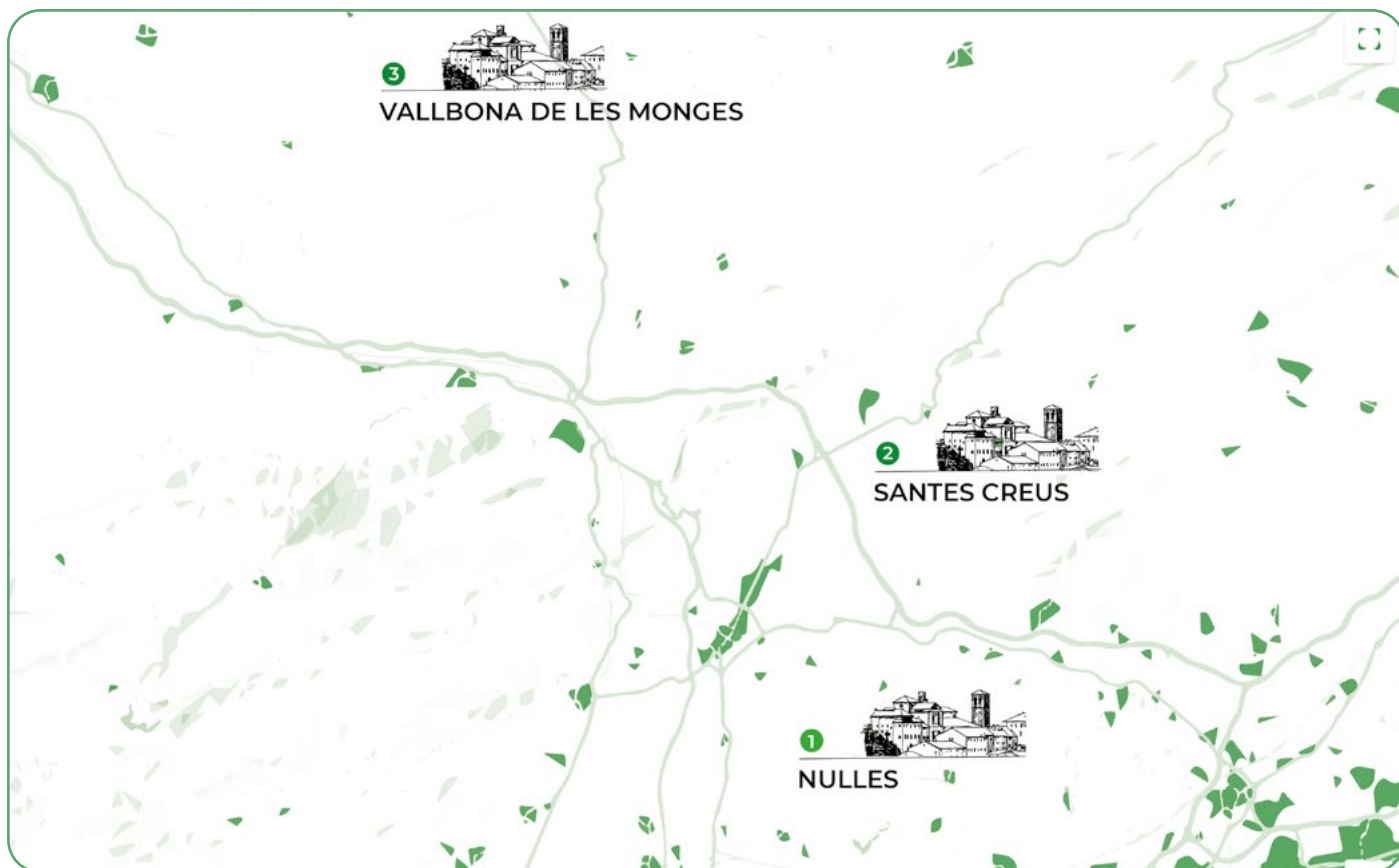


The Royal Abbey of Santa María de Poblet, located at the foot of the Prades Mountains in the Conca de Barberà region, Tarragona (Catalonia)



Camp de Tarragona

CATALUNYA



Camp de Tarragona



DAY 1. AMONG VINEYARDS AND MONASTERIES: FROM NULLES TO MONTBLANC

1 Nulles

Our day starts out just in front of the RENFE train station at Nulles-Bràfim, where we find the magnificent 1900s- style building, the Cooperativa Vitivinícola Adernats, designed by César Martinell, a student of Gaudí. This bodega has been producing wine without interruption since 1917. The modernist construction is visual testimony to the influence of the industrial revolution on wine production, and its visit includes wine and cava tasting in the bodega. (Book ahead.)

2 Santes Creus

Afterwards, drive towards Santes Creus, approximately 15 minutes by car.

The Royal Monastery of Santa María de Santes Creus was the center of the one of the most extensive and influential monastic orders of the Crown of Aragon. With its imposing and somber architecture, the abbey reflected the canonic model of the Cistercian monasteries, as did those in Vallbona de les Monges and Poblet. The splendor of the 14th century cloister, the first in Gothic style for the Crown of Aragon, contrasts with the church, which displays a transition from the Romanesque to the Gothic style. We recommend that you make reservations beforehand and get a joint entrance ticket for three monasteries.

Afterwards, sit in the leafy patio of the Bar Esport and enjoy a typical vermouth or explore local culinary options in establishments such as Fonda Catalunya, Cal Mosso and Hostal Cal Grau.

3 Vallbona de les Monges

After lunch, your trip along the Pont d'Armentera highway takes you to Vallbona de les Monges. This journey offers panoramic views of the countryside with pine-covered mountains, fields of olives, almonds and hazelnut trees, and terraced vineyards. The Monastery of Santa María de Vallbona, with its more than 850 years of history, reveals the heritage of Cistercian women in Catalonia. Its mixed founding then evolved towards an exclusively female community, linked to the Order of Cistercians in 1175.

Later, we head to Montblanc, a vibrant medieval town, brimming with historic monuments. Dinner options include Cúmul and El Molí del Mallol that invite you to explore local contemporary cuisine or excellent traditional fare. Or if you prefer, continue on to our next stop, Poblet, where you can spend the night at one of the accommodations there. Before you go, we recommend inquiring about the cultural activities being held in the monastery, such as the Festival Jordi Savall.

WHERE TO HAVE LUNCH

Cafè Bar Esport

C/ de Pere el Gran, 4, 43815 Santes Creus, Tarragona
877 23 52 15

Fonda Restaurant Catalunya

C/ de l'Arbreda, 2, 43815 Santes Creus, Tarragona
restaurantcatalunyasantescreus.cat
977 638 432

Restaurant Cal Mosso

Pl. de Sta. Llúcia, 43815 Santes Creus, Tarragona
restaurantcalmosso.com
977 638 484

Hostal Restaurant Grau

C/ Pere el Gran, 3, 43815 Santes Creus, Tarragona
hostal-grau.com
977 638 311

WHERE TO HAVE DINNER

Cúmul

C/ del Ducat, 1, 43400 Montblanc, Tarragona
cumul.es
633 494 406

El Molí del Mallol

Muralla de Santa Anna, 2, 43400 Montblanc,
Tarragona
elmolidelmallol.com
977 860 591

Hotel Hostatgeria de Poblet

Pl. de la Corona D'Arago, 11, 43448, Vimbodí i Poblet,
Tarragona
hostatgeriadepoblet.cat
977 300 350

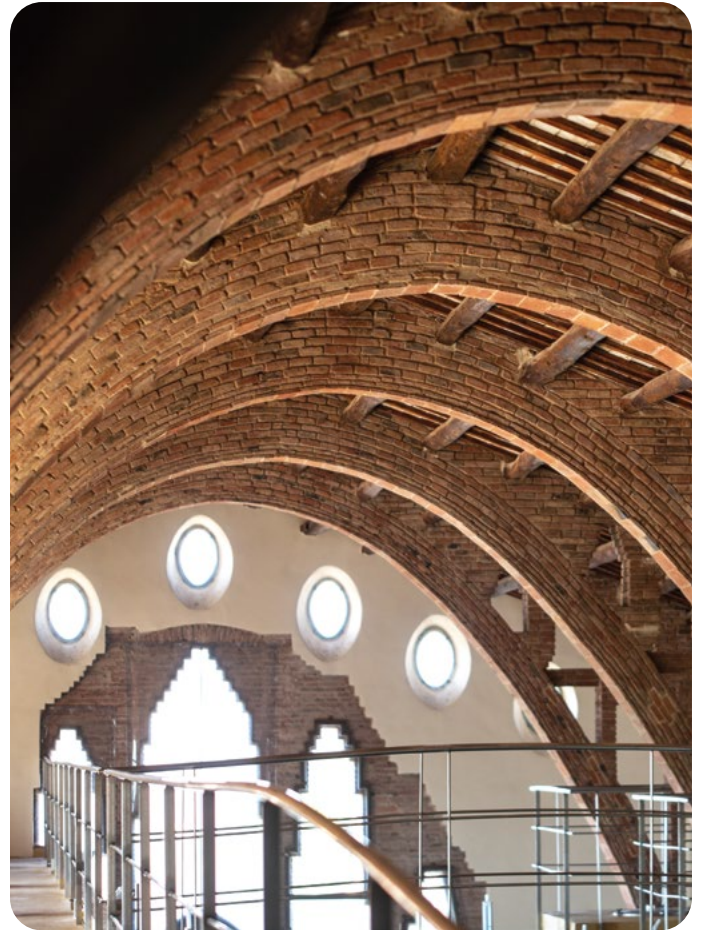
WHERE TO STAY

Hotel Hostatgeria de Poblet

Pl. de la Corona d'Arago, 11, 43448 Vimbodí i Poblet,
Tarragona
hostatgeriadepoblet.cat
977 300 350

Apartaments El Jaç

C/ Major, 52, 43400 Montblanc, Tarragona
eljasmontblanc.com
977 863 265 | 628 654 690



The Adernats – Vinícola de Nulles Wine Cathedral,
Tarragona (Catalonia)

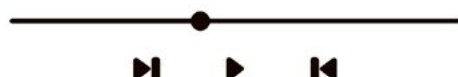
Discover more in ...

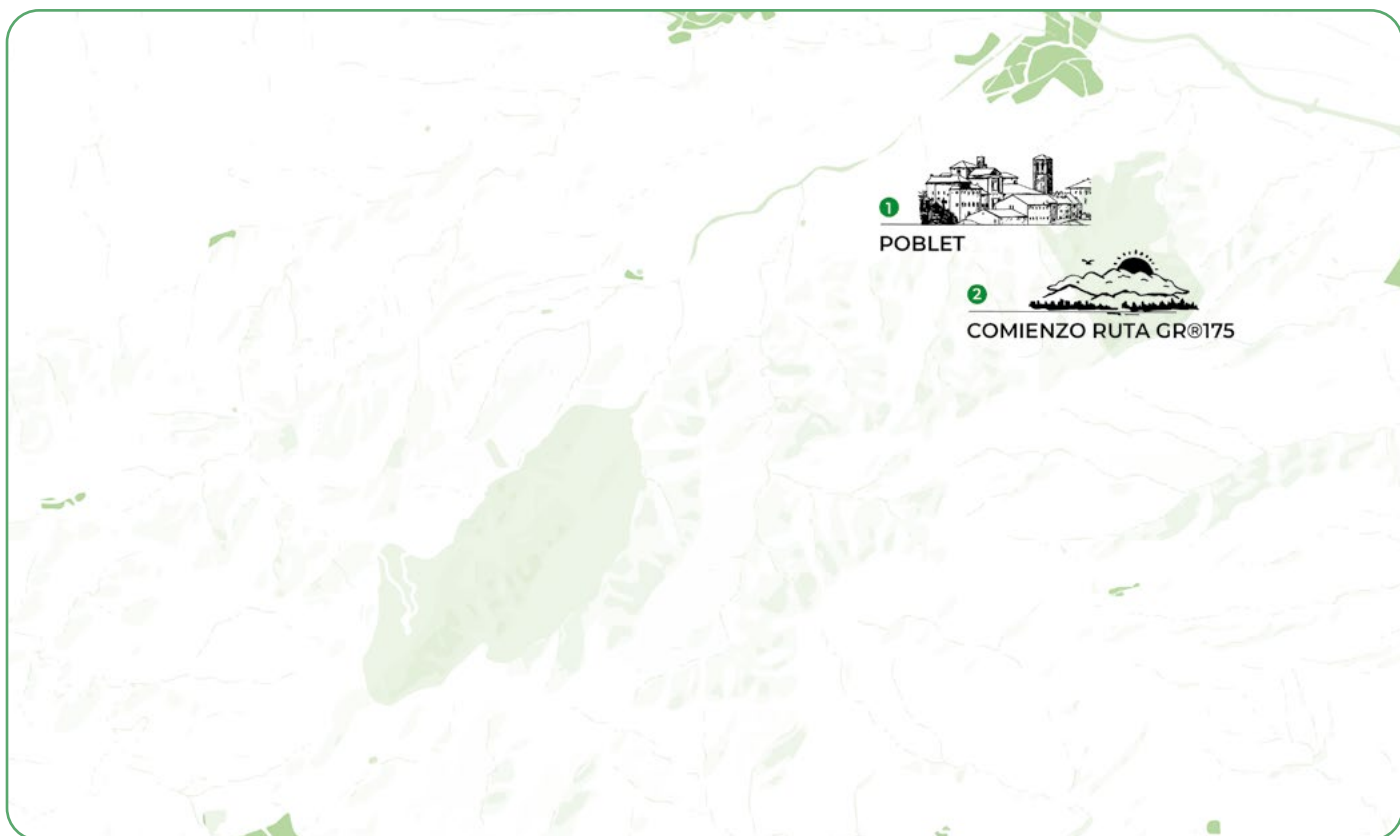


Camp de Tarragona

REDR

Paisajes Sonoros





Camp de Tarragona



DAY 2. CENTURIES-OLD STORIES AND CISTERCIAN PATHS, LET'S DISCOVER POBLET!

1 Poblet

The second day begins with an indispensable visit to the Royal Monastery of Santa María de Poblet. Founded in 1150, the 12th century saw the construction of its fundamental elements, such as the church, refectory, part of the cloister and the hospital with the cloister and the San Esteban chapel. Practically all of the complex was completed during the 13th century, including the chapter hall, bedroom, kitchen, scriptorium and refectory of the coverts, as well as the hospital for the poor and pilgrims with the Santa Catalina chapel.

In the following centuries, non-essential elements were added, but which were important for monastic life, such as the cupola, the walls of the pantheon, and other royal constructions, the bell tower, the altarpiece and the new sacristy. These additions reflect the vitality of the monastery and its adaptation to different historic and economic circumstances.

2 Ruta del Císter, GR®175

After visiting the monastery, take advantage of the rest of the day and visit a section of GR®175, the Cistercian Route or the Route of the Royal Monasteries of Catalonia. It is the only trail linking the three most

important Cistercian monasteries of Catalonia: Santes Creus, Poblet and Vallbona. You can choose a section to do of this 105-kilometer circular route from any of these monasteries, according to how much time you have. The route can be done by bike or on foot.

If you'd like to spend the rest of the day on the route, you can order a picnic lunch at the hotel. Another option is to explore the Poblet Natural Site of National Interest, where you'll find several itineraries.

WHERE TO HAVE LUNCH

Restaurant La Font del Ferro

TV-7007, 43440 Les Masies, Tarragona
villaengracia.com
977 870 308

Arrels

C/ Colomers, 5, 43364 Prades, Tarragona
661 578 030

La Font

Pl. Major, 15, 43364 Prades, Tarragona
977 868 219

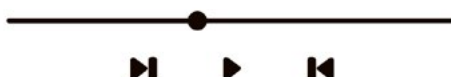
TWO-DAY ROUTE ESTIMATED COST

- Gas: 20 € (81.7 km)
- Lunch and dinner (menu for 2 people): 150 €
- Lodging (double room, 2 people): 65€/night

TOTAL: 236€ (2 PEOPLE)



Discover more in ...







Charco de los Morteros in the Cazuma River in Bicorp, Valencia

Caroig-Xúquer- Serra Grossa

COMUNITAT VALENCIANA



Caroig-Xúquer-Serra Grossa



DAY 1. DISCOVER THE VALENCIAN TUSCANY

① La Bastida de Les Alcusses-Moixent

The route begins in the Valencian countryside exploring the region of La Coster. You'll travel back to prehistoric times when you visit the archeological enclave of Bastida de Les Alcusses, pertaining to the Iberian era and located in the extreme southeast of the Serra Grossa in Moixent. This settlement, dating back to the 4th century B.C., invites you to explore its ruins, discover fascinating artifacts and submerge yourself in the captivating prehistory of Iberian civilization.

② Embalse del Bosquet de Moixent

Soak up the wonder of the Bosquet de Moixent Reservoir, where a man-made lake, fed from ravines through 18th century walls, has become the heart of this setting. You can have a refreshing swim in the lake as well as practice water sports. Spend the day in the fresh air having a relaxing picnic or hiking on routes that showcase the beauty of the surroundings, or simply enjoy the serenity of the lake.

③ Montesa

To complete your day, head to the Montesa castle, a historic treasure dating back to the Celtiberian or Roman era. Strategically located, this castle has played an important role throughout history, especially notable during the Muslim era. Take the time to admire its imposing walls and towers, as you immerse yourself

in this region's fascinating history and nature. Explore the town further through the Parroquial Museum and the Church of la Asunción, or delve into its history at the Almazara Museum.

The Montesa countryside, covered in vineyards, is home to an important tourist attraction: the Costera Historical-Ethnological Museum. It's an 18th century bodega converted into a museum where you can learn about ancient and traditional wine-making practices. Montesa invites you to wander through its streets, discovering the views transformed by the local agriculture. But don't leave before making your experience complete! Partake in the exquisite *arròs amb fesols i naps*, the region's typical rice stew.

However, activities available in Bosquet go beyond water: take the walking or biking trails as a fascinating option. Discover the Pates/ Patas Cave and other nearby caves, where the remains of Levantine cave paintings, protected by UNESCO since 1998, tell their story with hunting scenes and human figures wearing different types of clothing. The open air cave paintings, in perfect condition after thousands of years, show scenes of hunting and daily life in prehistoric Moixent. Even the youngest visitors here will be able to immerse themselves in the re-creation of stories from the ancient past.

WHERE TO HAVE LUNCH

El Ramallar

C/ Pujada al Castell, s/n, 46692 Montesa, Valencia
609 98 07 00

Pitxó

CV-651, km. 2, 2, 46640 Moixent, Valencia
626 456 063

Restaurante La Sal del Romer

Camí la Ermita, s/n, 46691 Vallada, Valencia
686 790 898

WHERE TO HAVE DINNER

El Racó de Ramón

C/ Carlos Más, 15, 46640 Moixent, Valencia
655 814 968 | 962 261 074

Restaurante Villaplana

Pl. de la Iglesia, 3, 46823 Navarrés, Valencia
962 266 018

Gastro Bar La Plaza

Pl. de la Constitución, 14, 46820 Anna, Valencia
grupogastro.es
610 787 354

WHERE TO STAY

La Bodega Enoturismo Rural

Camí de La Bodega, km. 3, 46640 Moixent, Valencia
624 698 937

Finca Ecológica Heredad La Boquilla

Crta. Mogente-Navalón, km 10.5, 46810 Enguera, Valencia
boquilla.com.es
658 962 658 | 658 962 661

Las Palmeras Casa Rural

PE Las Fuentes, Urb. Playa Monte 1, 23, 46823 Playamonte, Valencia
laspalmerascasarural.com
687 135 559

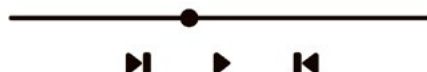
Asómate a La Canal

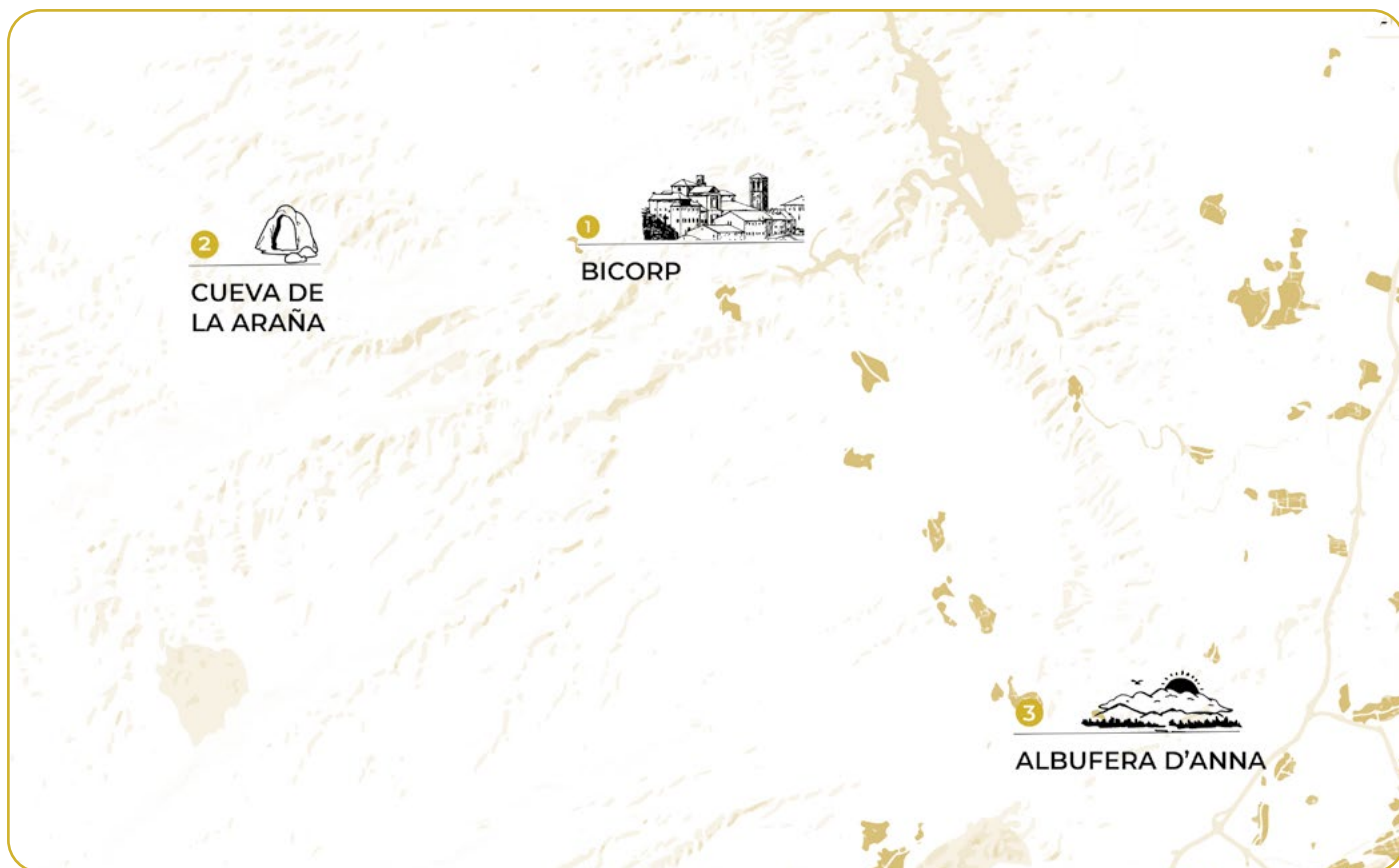
C/ Iglesia Vieja, 5, 46821 Chella, Valencia
asomatealacanal.com
655 439 797



Gorgo de la Escalera, Anna (Valencia)

Discover more in ...





Caroig-Xúquer-Serra Grossa



DAY 2. CAVE PAINTINGS AND WATER IN CANAL DE NAVARRÉS

1 Bicorp

On the second day of our adventure, we start off in the town of Bicorp, located in the region of Canal de Navarrés. The old town is nestled on top of a small hill, with its twisting and unsymmetrical streets, following the classic Arab town distribution. This layout gives the village the characteristic look of the high Valencian mountain area.

2 Cueva de la Araña

Bicorp is home to one of the most outstanding Levantine rock art caves, the Cave of Araña, famous for its paintings, especially one depicting a figure foraging for honey. All of the caves and shelters with Levantine rock art have been designated a UNESCO World Heritage Site. The paintings at the Barranco Morena are also worthy of note.

The Heritage Interpretive Center of the Bicorp EcoMuseum organizes diverse activities, such as routes through natural spaces, cave painting walks and other activities to experience this cultural heritage firsthand.

The natural heritage of the forested mountain range here is immeasurable. At higher altitudes, different species of pine predominate: Aleppo, Maritime, Corsican, Scots, and Pine Oak. The lower regions are

home to shrubs such as rosemary, gorse, juniper, savin juniper, kermes oak, heather, broom, madrone, prickly pear, and nettles. A rich diversity of medicinal plants can also be found in this mountainous region, including chamomile, mint and lavender.

3 Albufera d'Anna

In the afternoon, follow the Route of the Water through the towns of Quesa, Navarrés, Bolbaite and Chella until reaching Lake Anna. This lake in the lower part of Canal de Navarrés is a coastal lagoon with a small island in the middle, surrounded by legends and natural beauty. Inhabited by diverse species of birds, we recommend visiting after a rain so you can witness the "brotadores" or "ullals", small springs that emerge after the skies clear.

The surroundings of the lake are perfect for relaxing strolls in the shade of pine and plane trees, with rest areas, restaurants, and outdoor bars. Anna, with its Condes de Cervello Palace and the lake's legends lake will draw you back for a visit time and time again.

WHERE TO DINE

Kaoba Restaurante

Av. Constitución, 18, 46810 Enguera, Valencia
kaobarestaurante.es
962 224 982

Bar La Parra

Av. Valencia, 1, 46824 Quesa, Valencia
barlaparra.com
962 256 022

Mesón Tous

Pl. Espanya, 12, 46269 Tous, Valencia
962 449 322

Ricardo Restaurante

C/ dels Comtes d'Orgaz, 32, 46295 Sumacàrcer, Valencia
962 595 191

Restaurante Albufera de Anna

Ctra. Albufera, 9, 46820 Anna, Valencia
744 726 916 | 687 135 559

TWO-DAY PLAN ESTIMATED COST

- Gas: 25€ (95 km)
- Lunch and dinner (menu for 2 people): 60 €
- Lodging (double room, 2 people): 100€

TOTAL COST 2 PEOPLE: 376€

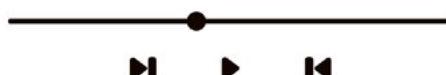


Cave of the Araña, Bicorp (Valencia)



The Macizo del Caroig (Valencia)

Discover more in ...

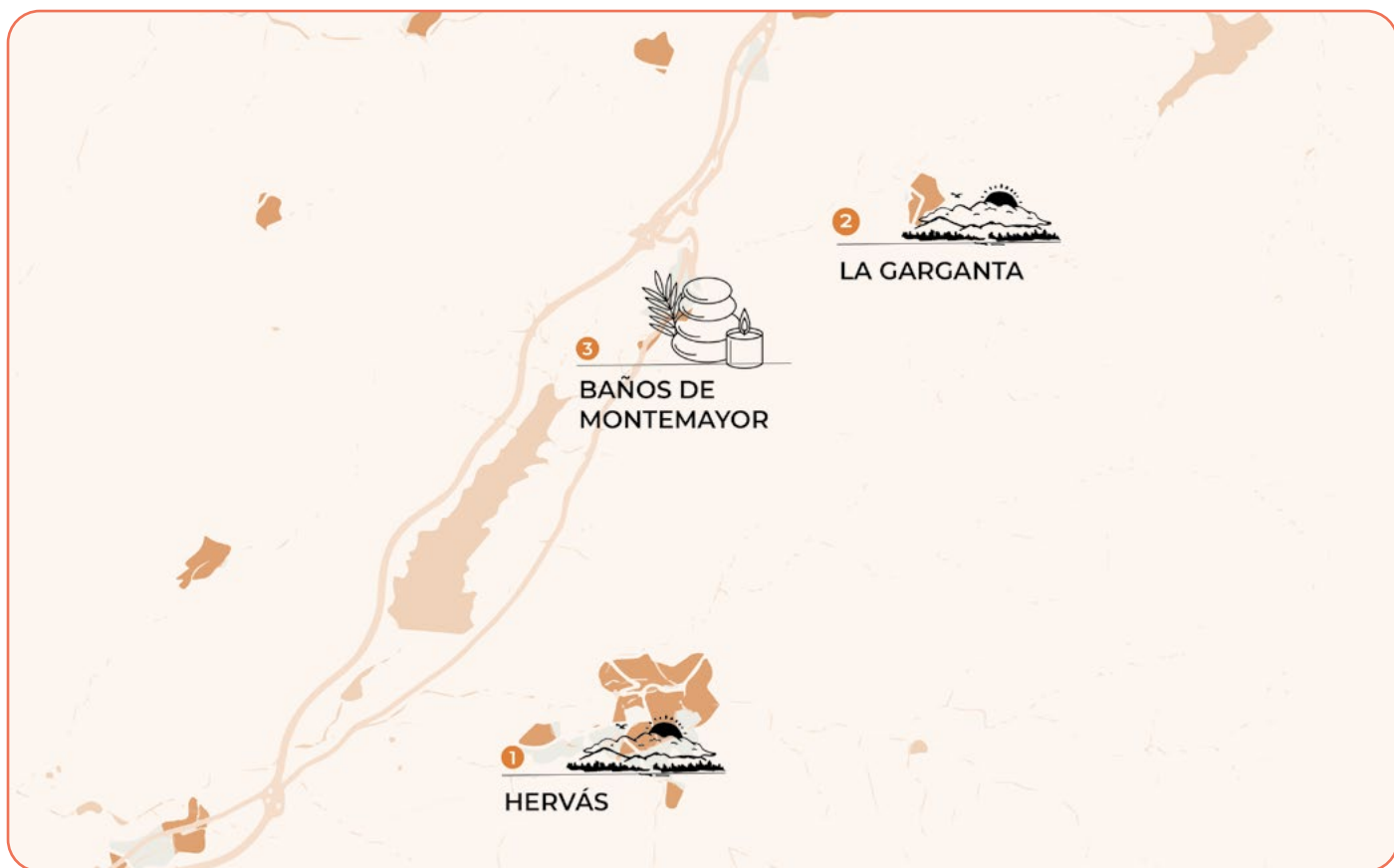






Valle del Ambroz

EXTREMADURA



Valle del Ambroz



DÍA 1. HERVÁS, LA GARGANTA Y BAÑOS DE MONTEMAYOR

1 Hervás

The day begins in the town of Hervás, the capital of Valle del Ambroz. We propose an enchanting walk through the official protected landscape of the Gallego Castañar (Chestnut Forest). Each season of the year transforms this natural wonder in its own special way: in winter, walk on the fallen leaves under barren trees; in spring the forest teems with life, with the chestnut trees in bloom between May and June. During the summer months, the coolness of the forest is a delight. And what more can be said about autumn and its colors? It's all magical, just like the National Festival/Event of Tourism Interest, "Otoño Mágico (Magical Autumn)-Valle del Ambroz". There are several well-marked hiking trails that go between Hervás and Gargantilla.

If you want to really enjoy this truly magical spot, you can hire Dani, a naturalist in charge of Vive Ambroz, who shows you the secrets of this special forest in a captivating way. To wind up this visit, a walk through the Jewish Quarter is a must, whether on your own or with one of the official guides available; free tours are also offered. And to get reenergized, Hervás has many dining options ranging from local rustic meson-style restaurants that feature oven-roasted meats to 4-star establishments.

2 La Garganta

Spend a relaxing afternoon by taking a drive that begins crossing the bridge over the Fuente Chiquita de Hervás going towards La Garganta. Along the way, you'll see cows grazing in meadows and forest-covered mountains with the peak of La Muela rising in the background. You can also do some mountain climbing there with guides via the ferrata climbing routes. When you come to the crossroads with La Garganta, go two kilometers in the direction of Candelario, and right next to the highway you can see the old Pozo de la Nieve construction. A further 200 meters ahead is the Corral de los Lobos, a trap used by shepherds to protect against wolves. There is also a lovely astronomy observatory that offers a panoramic view of the entire valley. On your way back, you'll go through the village of La Garganta. If you have time, visit the Iberian Wolf Interpretive Center. Kids will love it!

3 Baños de Montemayor

Continue driving down the road with the lovely views of the Baños Reservoir until you get to Baños de Montemayor. You can relax just like the Romans did 2,000 years ago in the thermal waters. The spa offers beauty and anti-stress treatments, a Roman circuit... That's up to you!

WHERE TO HAVE LUNCH

Taberna La Callejilla

C/ Rabilero, 5, 10700 Hervás, Cáceres
927 473 368

Mesón El 60

C/ Collado, 60, 10700 Hervás, Cáceres
927 481 048

Bar Restaurante La Vaca Brava

C/ Rincón de la Vaca Brava, 7, 10700 Hervás, Cáceres
666 936 916 | 629 041 532

Mesón Hervás

Avda. Francisco Sanz López, 12, 10700 Hervás,
Cáceres
652 500 941

WHERE TO HAVE DINNER

Restaurante El Puente

Ctra. de La Garganta, 2, 10750 Baños de Montemayor,
Cáceres
restauranteelpuente.es
927 488 015

El Solitario

Ctra. N-630, salida 427 A-66, 10750 Baños de
Montemayor, Cáceres
elsolitario.com
927 488 231 | 722 250 032

Maleja Tupa

Pl. de la Alberguería, 10750 Baños de Montemayor,
Cáceres
645 977 202

ACTIVITIES AND TOURS

Vive Ambroz, turismo de naturaleza

viveambroz.es
680 805 698

Hervás visitas guiadas, guía de turismo

hervas.info
722 768 148

AmbroVen, guía de turismo

rutashervas.es
643 493 032

Balneario de Baños de Montemayor

balneariomontemayor.com
927 488 302

WHERE TO STAY

Hotel Balneario

Avda. de las Termas, 66, 10750 Baños de Montemayor,
Cáceres
927 488 005

CRT El Solitario

Ctra. N-630, salida 427 A-66, 10750 Baños de
Montemayor, Cáceres
elsolitario.com
927 488 231 | 722 250 032

Hotel Rural Eloy

Avda. de las Termas, 53, 10750 Baños de Montemayor,
Cáceres
669 454 556

La Casa de Su

Pl. de la Plata, 33, 10750 Baños de Montemayor,
Cáceres
629 046 067

Ciudad de Verdeoliva

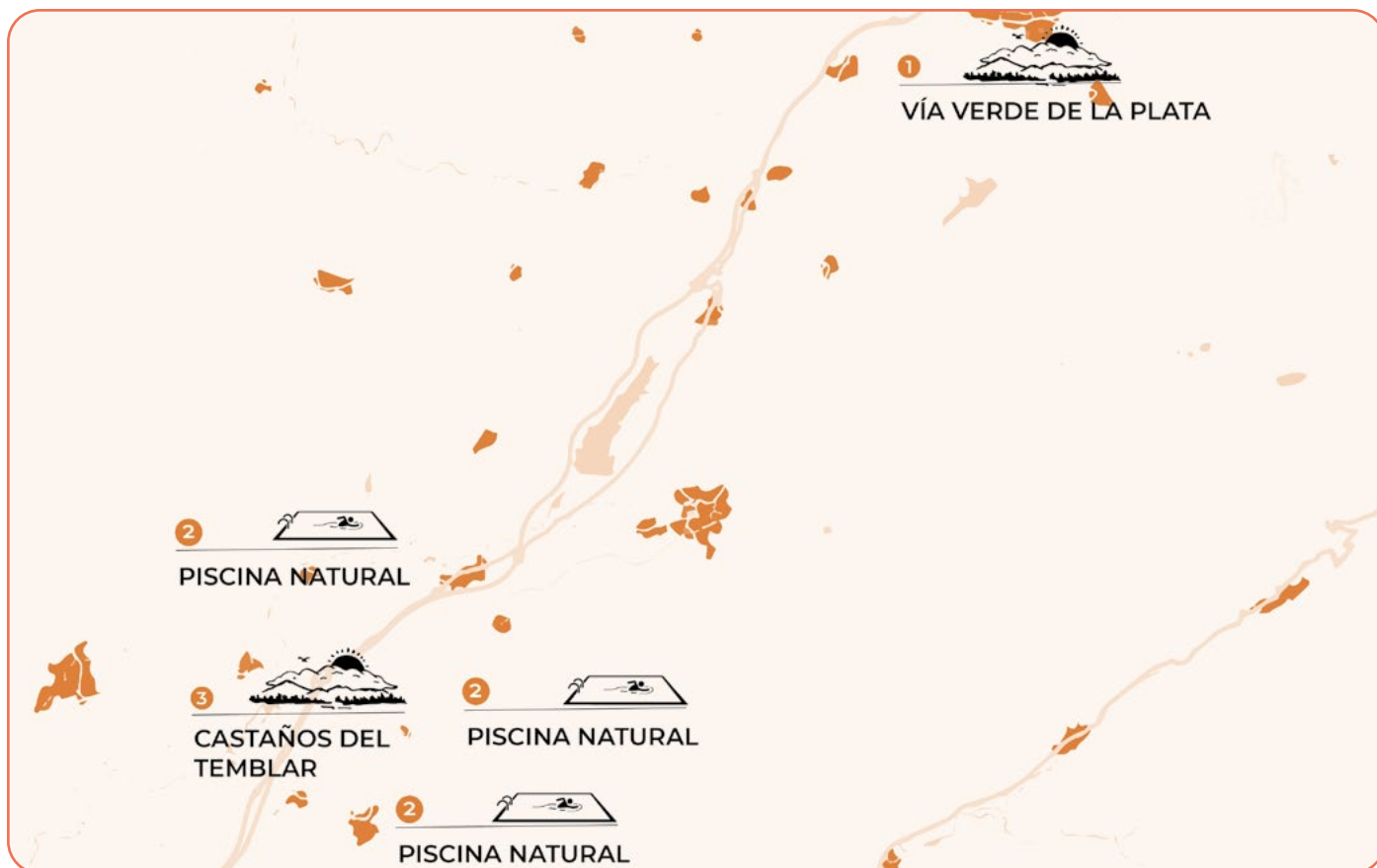
C/ Pizarro, 15, 10739 Segura de Toro, Cáceres
634 612 470

Las Cuatro Esquinas

C/ de la Torre, 6, 10739 Segura de Toro, Cáceres
cuatroesquinas.es
620 677 537

Discover more in ...





Valle del Ambroz



DAY 2. GREEN ROUTE/VÍA VERDE DE LA PLATA-NATURAL POOLS- THE CHESTNUT FORESTS OF TEMBLAR

1 The Green Route/Vía Verde de la Plata

The Green Route/Vía Verde de la Plata follows the old railway line that linked Plasencia and Astorga. Today, it's a very comfortable trail, perfect for cycling or walking. The challenge of going up the steep incline from Plasencia (400 metros) to Béjar (900 metros) with 19th century steam engines has left it with a gentle climb, crossing rivers and going through mountain tunnels and bridges, making it a truly awesome route.

There are companies in Hervás that rent all types of bikes and take clients to the beginning of the trail in Bejar, so that you can just do the downhill part without too much physical exertion. You can also hike a section of the Vía Verde.

This experience can be enjoyed during any season of the year, with several picnic areas, and a bar at the trail's halfway point in Puerto de Béjar, located in a beautiful renovated train station.

In Hervás itself, you can also get "refueled" in the bar located in the old train station, open year round.

2 Natural pools

Si visitas en verano, te sugerimos pasar la tarde en una de las preciosas piscinas naturales, con agua limpia y fresca. Las más famosas son las de **Casas del Monte, Abadía y Segura de Toro**, todas ellas con chiringuitos para disfrutar de algo refrescante o para quedarte a cenar en un entorno fresco y agradable, escuchando el murmullo del agua.

3 The Temblar Chestnut Forest

If it is not summer, you can take a nice walk in the gorge of Casas del Monte and then go towards Segura de Toro. At this spot, you'll find the famous Chestnut Forest of Temblar, which have been designated as Singular Trees of Extremadura. It's a 3.5 kilometer loop trail, with little change in elevation. When you get there, there is a beautiful lookout next to Segura de Toro where you are guaranteed an unforgettable sunset.

WHERE TO HAVE LUNCH

Restaurante Casa Sebas

C/ Gabriel y Galán, 45, 10740 Aldeanueva del Camino,
Cáceres
927 484 159

Restaurante Nardi

C/ Braulio Navas, 19, 10700 Hervás, Cáceres
restaurantenardi.com
927 481 323

Restaurante Sésamo

C/ Cuestecilla, 4, 10700 Hervás, Cáceres
sesamocasadecomidas.com
927 473 031 | 624 856 787

Restaurante Más que Parrilla

C/ Matías Pérez Marcos, 7, 10700 Hervás, Cáceres
927 473 310

A Fuego Lento Hervás

C/ Vedelejós, 6, 10700 Hervás, Cáceres
afuegolentohervas.com
927 481 674

Azacán Hervás

C/ Asensio Neila, 1, 10700 Hervás, Cáceres
azacanhervas.com
927 191 804

ACTIVITIES AND TOURS

Bicis Ambroz

bicisambroz.com
642 226 040

Ebikes Hervás

ebikeshervas.com
622 235 173

Bicis Colmer

bicicletascolmer.com
679 066 620

Ruta Los Castaños del Temblar

visitambroz.es

TWO-DAY ROUTE ESTIMATED COST

- Gas: 13€ (116 km)
- Lunch and dinner (menu for 2 people): 150 €
- Lodging (double room, 2 people): 150 €

TOTAL: 313€ (2 PEOPLE)



The Temblar Chestnut Forest, located close to Arroyo del Temblar in Segura de Toro near the Garganta Grande (Cáceres)

Discover more in ...





A worker fishing from a llaüt, the islands' traditional fishing boat

Evissa i Formentera

ILLES BALEARS



Eivissa i Formentera



DAY 1. THE WEST OF THE ISLAND

1 Las Puertas del Cielo (Santa Agnes)

Our itinerary begins with a morning walk set against the lofty cliffs on the northern coast of the island of Ibiza, known as Las Puertas del Cielo, in Santa Agnes de Corona. From here, you can contemplate the intense azure of the sea, dotted with small islands and surrounded by green pine forests and stunning cliffs.

located on terraces at different levels, irrigated by a system of ditches, canals and pools constructed during Arab times.

2 Playas de Cala Comte

After that, head to the Beaches of Cala Comte. This area has several small white-sand coves, bathed in the turquoise sea, and from which you can spot the islands of Es Bosc, Sa Conillera, Ses Bledes and S'Espartar. Although the coves are quite popular, visiting them is an absolute must, since they are considered one of the ten most beautiful beaches in the world. Afterwards, have lunch at one of the outstanding restaurants in the area. But be sure to book ahead!

4 Es Vedrá

Wind up your day by watching the sunset in Es Vedrá (San Antoni), Ibiza's most enigmatic islet.

3 Es Broll de Buscastell

In the afternoon, hike through Es Broll de Buscastell, an extraordinary agricultural landscape, and full of Muslim-era terraces, irrigation ditches, and pools.

Of the nine small islands that surround Ibiza, the island of Es Vedrá is undoubtedly the one that draws most attention from locals and visitors alike. Located just to the southwest of Ibiza, less than two kilometers from its coast, this mysterious pyramid-like rock, 400-meter high, is truly awe-inspiring. Since 2002, Es Vedrá has been the property of thirty Ibizan families and is part of the Red Natura 2000, thanks to its recognition as a Special Protection Area for Birds (ZEPA). Added to all this are the myths, secrets and legends that have shrouded Es Vedrá since ancient times.

This valley, located in the heart of the Sant Antoni municipality, is 4.5 kilometers long, and follows the course of a water torrent. Here the farm plots are

WHERE TO HAVE LUNCH

Es Vental

C/ Cervantes, 22, 07820 Sant Antoni de Portmany, Ibiza
restauranteesventall.com
699 846 854 | 871 231 200

S'Espartar

Ctra. Sant Josep - Cala Tarida, km. 4, 07830 Sant Josep de sa Talaia, Ibiza
restaurantespartar.com
971 800 293

Can Pujol

C/ des Caló, 112, 07829 Sant Josep de sa Talaia, Ibiza
restaurantcanpujolibiza.com
971 341 407

WHERE TO HAVE DINNER

Es Rebot de Can Prats

C/ Cervantes, 4, 07820 Sant Antoni de Portmany, Ibiza
esrebotdecanprats.com
971 346 252

Sa Caleta

Platja d'es Bol Nou, s/n, 07830 Sant Jordi de Ses Salines, Ibiza
sacaleta.es
971 187 095

WHERE TO STAY

Hotel THB Los Molinos

C/ Ramon Muntaner, 60, 07800 Ibiza
thbhotels.com/hotel-los-molinos
971 302 250

Hotel Vibra Marítimo

C/ Ramon Muntaner, 48, 07800 Ibiza
vibrahotels.com
971 302 708

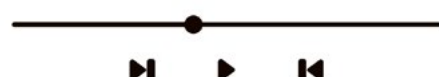
Hotel Royal Plaza Ibiza

C/ Pere Francès, 27, 29, 07800 Ibiza
royalplaza.es
971 310 000



Fisherman at Eivissa

Discover more in ...





Eivissa i Formentera



DAY 2. THE EAST OF THE ISLAND

1 Santa Eulalia des Riu

We begin the second day of our visit to Ibiza in the area of Santa Eulalia des Riu. Located in the eastern part of the island, Santa Eulalia is the third largest and most important town in Ibiza, after the towns of Ibiza and San Antonio. It is an eminently quiet, family-friendly tourist enclave, where you'll find little "fiesta", but instead beautiful beaches, good restaurants, street markets and plenty of tradition.

When you arrive at Santa Eulalia, the pretty hill that rises up outside the town, the Puig de Missa, will surely catch your eye. There you'll find a fortified religious building from the 16th century, a cemetery, gardens and some spectacular views of the sea and the town. A lovely three-kilometer walk that begins at the river (the River Route) takes you up here, passing by Pont Vell, Pont Nou, the Interpretive Center of Río Can Planetes, with an old wheat grinding watermill, and the Ethnography Museum, located in a traditional Balearic peasant house.

2 Aguas Blancas

Head towards Aigües Blanques, a beach located on a long and narrow stretch of coast at the base of steep cliffs. Here the geology of the islands displays the different tones and the rocky contrasts of the terrain's

morphology.

3 Cala San Vicente

In the afternoon, visit Sant Miquel de Balansat, a village of farmers and artisans. Worthy of note is the church-fortress constructed in the 15th century on the crest of the Puig de Missa hill, offering panoramic views of the countryside and the forests on the northern coast. The church itself, dating back to the 14th century, is one of the oldest parishes in Ibiza.

4 Sant Miquel de Balansat

In the surroundings here, you'll find pretty coves, the defensive tower of Balansat, the tourist area of Port de Sant Miquel, the Cueva d'en Marçà and the singular well of Pou d'Albarqueta. The local festival, held on the Sunday after the feast day of Santa Maria (August 5th), is a noteworthy attraction in Pou d'Albarqueta with folkloric dance. The port of San Miguel is home to the grotto Can Marçà, a cave that is more than 100,000 years old and open year-round.

5 Playa de Benirrás

Conclude your visit by enjoying the beautiful sundown on the famous Playa de Benirrà, known for its incredible sunsets.

WHERE TO HAVE LUNCH

Restaurant Port de Balansat

C/ Port de Sant Miquel, s/n, 07815 Sant Joan de Labritja, Ibiza
restaurantportbalansat.com
971 334 527

Restaurant Can Gat

C/ Cala de Sant Vicent, bajo, 07811 Ibiza
cangatibiza.es
971 320 123

Bar Anita

Bo. San Carlos, s/n, 07850 Sant Carles de Peralta, Ibiza
baranitaibiza.com
971 335 090

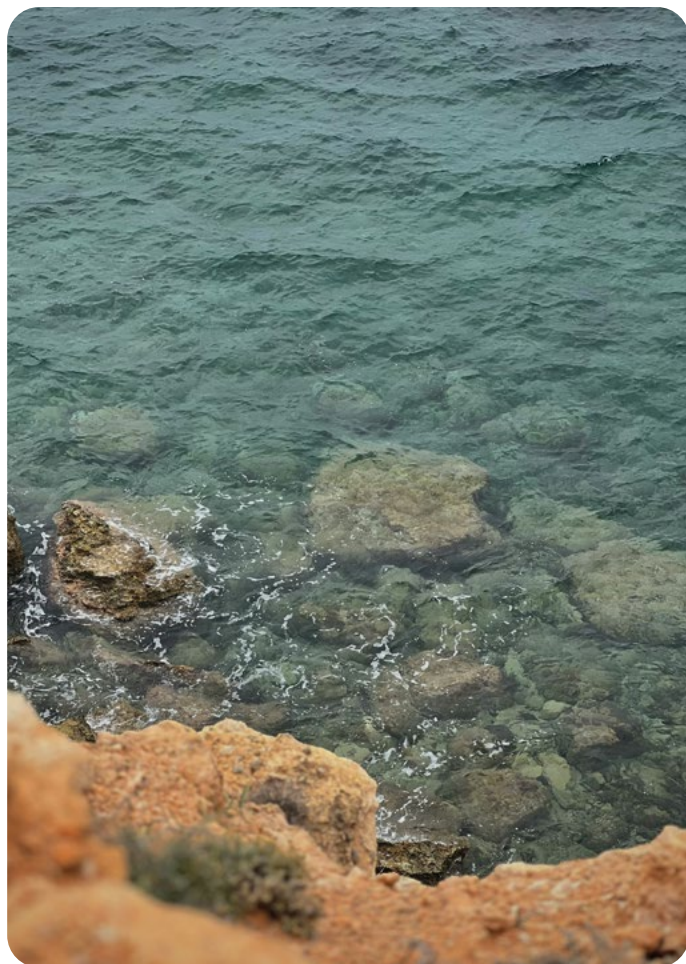
El Cantonet

C/ Gaspar Puig, 5, 07800 Ibiza
971 310 350

WHERE TO HAVE DINNER

- Gas: 25 € (245 km)
- Lunch and dinner (menu, 2 people): 200 €
- Lodging (2 people, double room): 180 €

TOTAL: 405 € (2 PEOPLE)



The Cala de Compte (Eivissa)



Field on a farm in Eivissa

Discover more in ...





Garajonay National Park of La Gomera



La Gomera

ISLAS CANARIAS



La Gomera

DAY 1: DISCOVER WHAT ACTIVE TOURISM REALLY MEANS WHEN YOU VISIT THIS ISLAND'S NATIONAL PARK AND ITS COASTAL CLIFFS.



1 Garajonay National Park

We propose starting off your morning by exploring the different trails in the Garajonay National Park. This park, 40 minutes by car from any town on the island, has 18 self-guided routes of varying duration. We recommend combining circular route 12, "Raso de la Bruma" (1 hr. 20 min.) and circular route 5, "Las Creces" (1 hr. 30 min.)

The Garajonay National Park encompasses 4,000 hectares in the central and highest point of the island. The park has been a protected natural space since 1981, aimed at recognizing and preserving the unparalleled natural and ecological value of the Canary Island laurisilva forests. This ecosystem is composed of some 15 different species of trees, with the laurel tree family being predominant. These trees create a type of fog forest, capturing vital water from the trade winds for the island. A biological explosion is produced in the sub canopy layer and the forest floor, with a profusion of biodiversity that encompasses microbiology, fauna, shrubs and herbaceous plant species. As such, it is one of the most diverse environments per square kilometer in the northern hemisphere.

2 Laguna Grande and El Cedro

To round out your morning, you can visit different spots within the national park by car, such as Laguna Grande (with an information center), the Mirador de Los Roques, El Cedro and the Lourdes hermitage, and the Juego de Bolas Visitors Center.

3 Los Órganos Natural Monument

In the afternoon, taking a maritime excursion along the rocky coastal cliffs on the island's western side is an absolute must, going from the port of Vueltas, in Valle Gran Rey to the Natural Monument of Los Órganos, a natural wonder. Some local companies, such as "Watertaxi Gomera", can take you into its caves or for a dip out in the open sea. You can also take the water taxis to view humpback whales, orcas, pilot whales, etc. The magnificent cliffs on the entire island display, among other things, La Gomera's distinct geological and volcanic phases in the form of strata, overlays and mixtures that present a striking composite of colors and shapes, with their vertical wall easily reaching over 200 and 300 meters.

WHERE TO HAVE LUNCH

Restaurante Roque Blanco

C/ Cruz de Tierno, s/n, 38830 Agulo, La Gomera
922 800 483

Hotel Bar Sonia

Pl. de Chipude, s/n, 38840 Vallehermoso, La Gomera
chipude.es
922 804 158

La Chalana

Barranco Colón, s/n, 38810 Playa de Santiago, La Gomera
barlachalana.com
922 895 969

WHERE TO HAVE DINNER

Restaurante Ambigú

Pl. de las Américas, 12, 38800 San Sebastián de La Gomera
ambigurestaurante.com
639 081 413

Restaurante La Vieja Escuela

C/ Poeta Trujillo, 2, 38830 Agulo, La Gomera
restaurantelaviejaescuela.es
922 146 004

Restaurante La Bocana del Puerto

C/ Las Vueltas, 6, 38870 Valle Gran Rey, La Gomera
922 896 590

WHERE TO STAY

Casa Rural La Palmita

C/ de La Palmita, 38890 Agulo, La Gomera

Hotel Rural Triana

C/ Triana, 38840 Vallehermoso, La Gomera

Hotel Rural Ibo Alfaro

Bo. Ibo Alfaro, s/n, 38820 Hermigua, La Gomera
hotel-rural-gomera.com
699 705 929

Hotel Rural Tamahucho

C/ de La Hoya, 20, 38840 Vallehermoso, La Gomera
tamahucho.com
660 882 636

Hotel Gran Rey

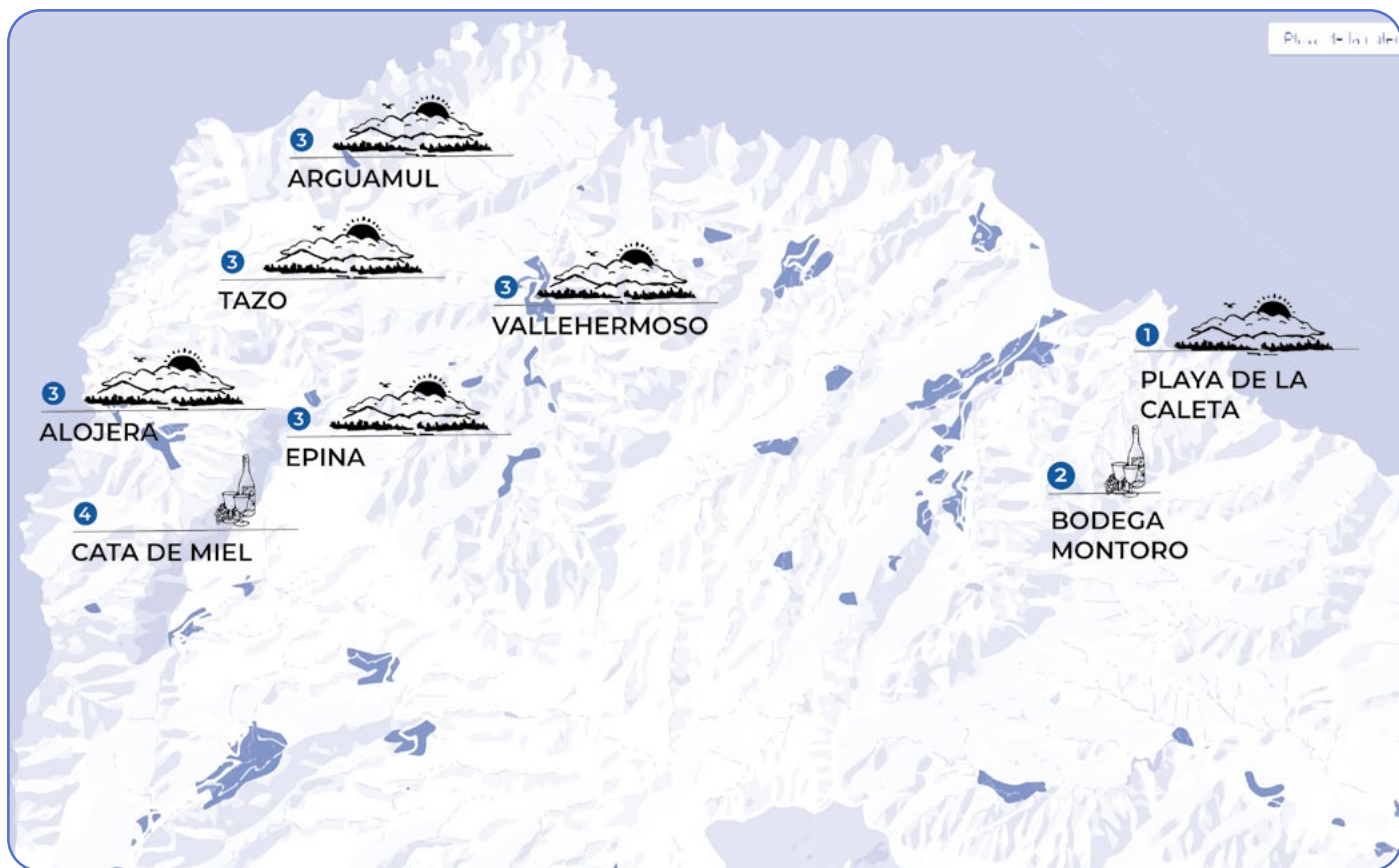
Avda. Marítima, 1, 38870 Valle Gran Rey, La Gomera
hotelgranrey.es
922 805 859



Puntilla y La Mérica (La Gomera)

Discover more in ...





La Gomera

DAY 2: EXPLORE THE COASTAL CLIFFS OF LA GOMERA AND SAMPLE THE WINES AND TRADITIONAL PALM HONEY.



1 Beach of La Caleta

On the second day, we propose that you begin your walk on a straight coastal route/path that starts from the beach of La Caleta in Hermigua and goes to the Muelle(dock) of San Lorenzo. Although these types of coastal paths are not well known among the usual island tourism promotions, they provide you with spectacular views of the precipitous coastline in the north of the island. On your route, you pass through natural spaces where there are extraordinary halophilic plant species that have adapted to the salt contained in the blustery ocean winds. There are also traditional coastal fisheries, salt harvesting, and old piers where local products were once shipped out to Europe. When returning to the path, head down to the beach of La Caleta, a black sand cove where you can have a swim. (Do take precautions because of the ocean currents there.) You can also spend the day having a picnic in the surroundings there, equipped with tables and umbrellas that provide shade.

2 The Montoro Bodega

To cap off your morning, indulge in an enological excursion by reserving a visit to the Montoro Bodega, near La Caleta beach. The "Hidden Bodega" experience includes a visit to the bodega's private

vineyards, wine-tasting, and you can even book a wine pairing menu. La Gomera has a local variety of grape, the forastera gomera, which is recognized as one of the oldest in the archipelago as well as in Spain.

3 Vallehermoso – Epina – Alojera – Tazo- Arguamul Punta de Alcalá

In the afternoon, visit some traditional enclaves in the northwestern and western part of the island, from Vallehermoso to Epina, Tazo, Arguamul, the small hermitage of Santa Clara and the Punta de Alcalá viewpoint. To best experience these incredible landscapes and for some unforgettable photo opportunities, we recommend renting a four-wheel drive/ SUV-type vehicle.

4 Palm Honey Sampling

In Alojera, in the Casa de la Miel de Palma, you can enjoy a unique, sensory experience. An interactive walk reveals the secrets of palm honey production, offering a singular opportunity that all ages can share. The youngest visitors will not only learn about the traditional jobs that form part of the island's culture, but will also have fun discovering this Gomera culinary art.

WHERE TO HAVE LUNCH

Bodega Montoro (previa reserva)

Ctra. forestal Montoro-Majona, s/n, 38820 Hermigua,
La Gomera
695 943 245

Bar Restaurante Las Chácaras

C/ El Cabo, 2, 38820 Las Poyatas, La Gomera
laschacaras.com
922 881 039

Terraza Restaurante Los Telares

C/ El Patronato, s/n, 38820 Hermigua, La Gomera
etnograficolagomera.com
922 880 781

TWO-DAY ROUTE ESTIMATED COST

- Gas: 30 € (250 km)
- Lunch and dinner (menu for 2 people): 200€
- Lodging (double room, 2 people): 240€

TOTAL: 470 € (2 PEOPLE)



The Alto de Garajonay (La Gomera)



Discover more in ...



La Gomera

REDR

Paisajes Sonoros







Garden at the Venta Moncalvillo restaurante, Daroca de Rioja

La Rioja Media Occidental

LA RIOJA



La Rioja Media Occidental



DAY 1. A HIKE UP TO THE SHELTER OF HOYO BELLIDO

① Route from Viniegra de Abajo to Hoyo Bellido

This route leaves from the town of Viniegra de Abajo and goes up to the shelter of Hoyo Bellido, a distance of 8.7 kilometers that takes 2 hours and 15 minutes. (Keep in mind you have to go back down to the town again.) It has a low level of difficulty.

The trail begins at the highway that joins Viniegra de Abajo and Viniegra de Arriba, at the confluence of the Urbión and Ormazal Rivers. Cross the little bridge on the river and take the well-marked trail parallel to the Urbión River.

On the way up to the shelter of Hoyo Bellido, where the path ends, you'll pass by the hermitage of San Millán and the shelters of Tacudia and Rosabaila.

After you arrive to Hoyo Bellido, the hardest hiker can continue up towards the 100-year-old yews and to the Picos de Urbión range that runs across the high mountain meadows.

② Viniegra de Abajo

This afternoon is dedicated to a stroll through the rich rural architectural of the farming villages in this region. When in Viniegra de Abajo taking a walk along the highway is a must to view the unusual mansions with a

style known as "indiano" (referring to wealthy returning immigrants), standing in contrast to the traditional local stone dwellings.

In the center of town, the peculiar Contemporary Art Gallery, "Arte Vaca" (Cow Art), is worthy of note. This museum arose as an initiative to give new uses to spaces that had fallen in disrepair in the rural and natural world, and to convert them, in this case, into a place of artistic reference.

If you opt to visit any of the other six municipalities, your experience will surely include the rich heritage of the region's unique rural architecture.

WHERE TO HAVE LUNCH

Restaurante Irene

C/ Josefa Martínez, 10, 26329 Viniegra de Abajo, La Rioja
941 378 221

Hotel Venta de Goyo

C/ Puente Río Neila, 2, 26329 Viniegra de Abajo, La Rioja
ventadegoyo.es
941 378 007

WHERE TO HAVE DINNER

Bar La Herradura

Ctra. Lerma, 12, 26322 Anguiano, La Rioja
941 377 151

Hotel Venta de Goyo

C/ Puente Río Neila, 2, 26329 Viniegra de Abajo, La Rioja
ventadegoyo.es
941 378 007

Abadía de Valvanera

Ctra. LR-435, 26322 Anguiano, La Rioja
monasteriodevalvanera.es
941 377 044

WHERE TO STAY

Casa Montero

C/ de Domingo Sangrador, 3, 26329 Viniegra de Abajo, La Rioja
casamontero.es
696 765 228

Abadía de Valvanera

Ctra. LR-435, 26322 Anguiano, La Rioja
monasteriodevalvanera.es
941 377 044

Hotel Venta de Goyo

C/ Puente Río Neila, 2, 26329 Viniegra de Abajo, La Rioja
ventadegoyo.es
941 378 007



Indianos Homes in Viniegra de Abajo (La Rioja)

Discover more in ...





La Rioja Media Occidental



DAY 2. THE 7 VILLAS TRAIL AND CANALES DE LA SIERRA

1 The 7 Villas Trail

The 7 Villas Trail is a 14.5 kilometer-circular route that starts and ends in Canales de la Sierra, passing through Villavelayo and crossing the calle Mayor and then the Najerilla River, heading towards the Church of Santa María and the Palace of Fernán González. It then goes up along a footpath, passing by the Mariposa spring, and turning towards the Cerro Picas gorge. After going past the La Mata mine and Cerro las Cordachas (1,372 m), it continues towards the mountain pass of Cerro de Las Cordachas.

Following these livestock trails, you will arrive at the pass of Cerro Picas (1,365 m) and then go down towards Solanas de San Pelayo. After that, the path heads to Villavelayo, going through the town and then up towards the antenna. The trail then takes you down to Molino on the Najerilla (966 m) and returns to Canales de la Sierra. The route which goes to places such as Fuente del Prado (1,194 m) and Villavelayo (934 m), offers panoramic views and, as said, winds up back at Canales de la Sierra (1,027 m).

2 Canales de La Sierra

In the afternoon, you can explore the outstanding rural architectural heritage of Canales de La Sierra, a village

noteworthy for its Riojana Romanesque constructions. The hermitage of San Cristóbal, constructed in the 12th century, undergoing renovation in the 17th and 18th century and located on the southwest side of a bluff, is a jewel you will not want to miss. And, if you walk through the heart of the village, you can view the Condestable Palace, the balconies from that era, and decorative coats of arms indicating the presence of monastic orders.

The Theater, a wooden corridor structure (corrala) with the 16th century figure of the "fly catcher" ("papamoscas") on top, and its theater festival "Canales Demanda Teatro" held since 2019, are notable attractions. There are still vestiges of Segeda, a Roman settlement in Canales, given the first charter in Rioja by Count Fernán González of Castile in 927.

WHERE TO HAVE LUNCH

La Villa

C/ Mayor, 3, 26329 Canales de la Sierra, La Rioja
hostallavilla.es
686 259 280

Hotel Restaurante Valdevenados

Ctra. Lerma, 12, 26322 Anguiano, La Rioja
941 377 085

PRECIO ESTIMADO

- Gas: 5€ (40 km)
- Lunch and dinner (menu for 2 people): 120€
- Lodging (double room, 2 people): 70€

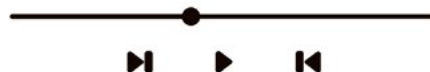
TOTAL: 195€ (2 PEOPLE)



Landscape in the Rioja Media Occidental (La Rioja)



Discover more in ...





A close-up photograph of a branch with several pink cherry blossoms and buds. The flowers have five petals and prominent stamens. The background is a blurred, light-colored stone wall.

Fruit trees in the Vega del Segura

Vega del Segura

MURCIA



Vega del Segura

DÍA 1. DESDE EL CAÑÓN DE ALMADENES A CIEZA



1 The Almadenes Gorge

You begin your journey in the Almadenes Gorge, with the Segura River serving as your departure point. This circuit takes you through an incomparable setting that will captivate any nature lover. Along the itinerary you'll explore the Mulata Reservoir, the fascinating karstic landscape of the Losares, where chasms, caves and deep ravines sculpted by water erosion await you. The Segura riverbank is a haven for mammals like otters as well as amphibians such as runner toads, tortoises, and species of salamanders, including the Iberian ribbed newt. As you look up at the sky, you'll see the birds that make their home here such as the grey heron along with several raptor species.

2 Cave of Serreta

For those wishing to contemplate the area's outstanding cave paintings, the Cave of Serreta, declared a World Heritage Site, offers a unique experience in an unparalleled setting.

3 The Siyâsa Islamic Settlement

Siyâsa is an Islamic settlement that displays the urbanistic development, domestic structure and the ornamental decorative elements of al-Andalus towns, a clear example of 12th and 13th century residential architecture.

The guided tour is a unique opportunity to explore in situ some of the dwellings. In Siyâsa these constructions follow the Islamic model known as the "central courtyard house". This design is characterized by the several communal rooms radiating from the courtyard, making up the distinctive structure of the al-Andalus dwelling.

4 The Sparto Museum in Cieza

This museum opened its doors on December 31, 2000, marking the end of a century that had witnessed the rise, boom, and the posterior decline of an industry that was this town's symbol of identity: the esparto grass industry. The museum was established as a result of a popular initiative promoted and coordinated by the Atalaya-Ateneo Club of the Town of Cieza. Creation of this space was supported by the inhabitants of Cieza, who graciously donated their tools, machinery, equipment, utensils, old photographs and documents. However, the most valuable contribution was their oral memory, transmitting the secrets of their professions, recalling their experiences, the challenges, and their spirit of togetherness during the difficult years of the sparto industry.

The project was aimed at recuperating the industrial heritage and work history of the sparto laborers in Cieza.

WHERE TO HAVE LUNCH

Restaurante Venta El Ginete

Ctra. Pantano del Quipar, km 2.5, 30530 Cieza, Murcia
696 942 174

Restaurante Maripinar

C/ Maripinar, 24, 30530 Cieza, Murcia
968 761 182

WHERE TO HAVE DINNER

Restaurante El Sordo

C/ Alharbona, 1, 30610 Ricote, Murcia
elsordo.es
968 697 150

Bar El Carril

Avda. del Carril, 6, 30600 Archena, Murcia
968 674 142

Bar restaurante OXOX 131

Ctra. Nueva, 14, 30611 Ojós, Murcia
oxox131.com
633 011 811

Restaurante El Albero

C/ Mallorca, 10, 30562 Ceutí, Murcia
restauranteelalbero.net
868 923 400

WHERE TO STAY

Albergue De Cieza

Paraje del Estrecho, s/n, 30530 Cieza, Murcia
694 469 490

Complejo Termal Balneario de Archena

Ctra. del Balneario, s/n, 30600 Archena, Murcia
balnariodearchena.com
968 688 022

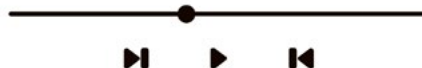
Áureo Rural

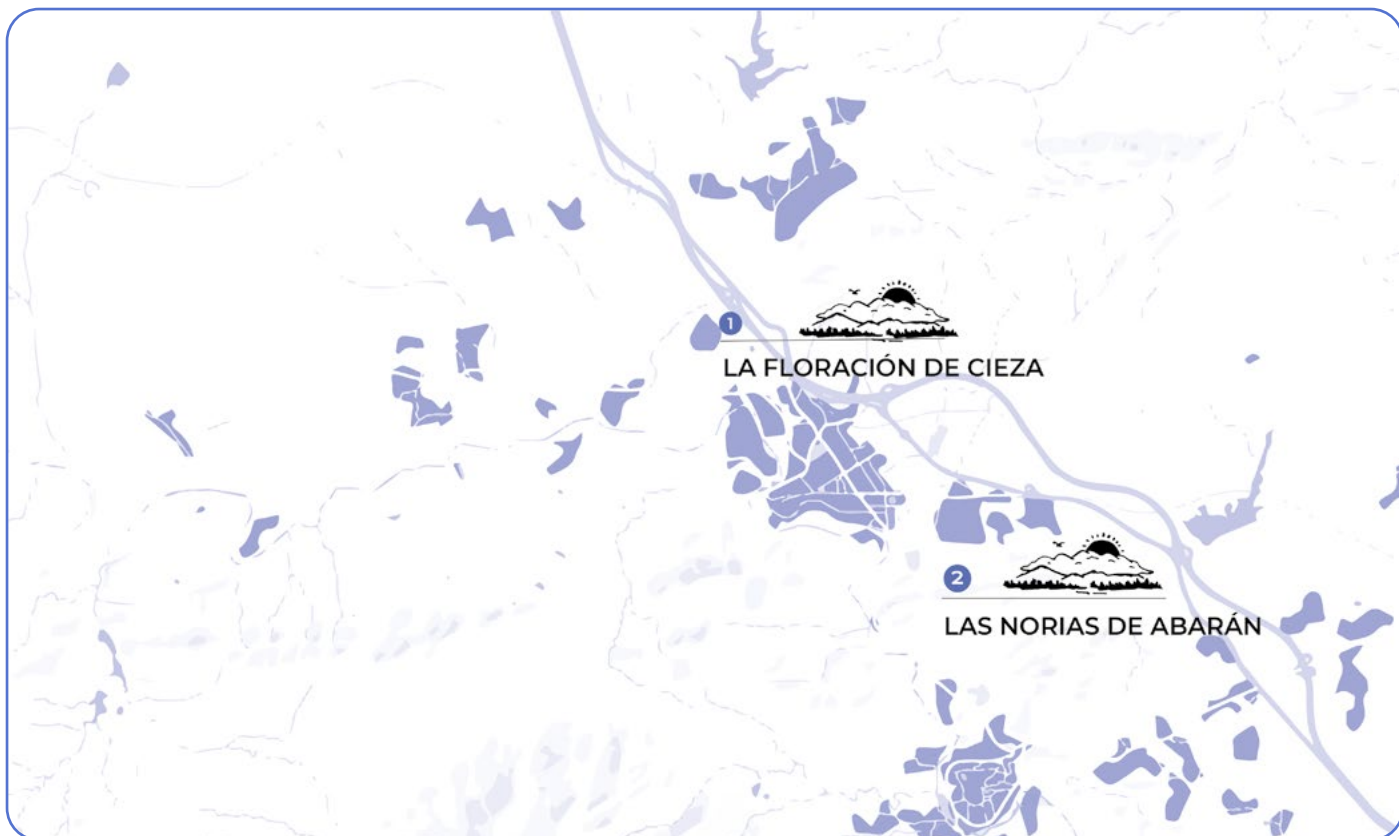
Polígono P-2. Apto. Urban. Industr, 30550 Abarán, Murcia
aureorural.com
868 080 000



The Almadenes Gorge (Murcia)

Discover more in ...





Vega del Segura



DAY 2. FROM THE FLOWERING FRUIT TREES OF CIEZA TO THE WATERWHEELS OF ABARÁN

1 The flowering fruit trees of Cieza

The flowering trees of Cieza put on a spectacular show of nature during the months of February and March in the extensive 13,000 hectares of this charming Murciano town. The millions of blossoms of peach and flat peach, plum, apricot, nectarine and almond trees transform the countryside into a uniquely beautiful space, drawing thousands of visitors each year.

The Cieza farmers, with their skills and taking advantage of this special climate, are responsible for cultivating these fruit orchards in bloom, in anticipation of the harvest of Cieza's world-famous fruit a few months later. The blossoms of Cieza are distinguished by the different fuchsia tones of the many varieties of peach and nectarine trees, intermixed with the whites of the plum, apricot and almond trees, all interspersed with the green of trees that have already bloomed. This combination creates landscapes that seem to be authentic works of art, making the bloom in Cieza a unique spectacle with its spectrum of colors.

To not miss out on this visual delight of colors, the Route of Brujilla is a perfect choice. It is an approximately eight-kilometer-circuit that takes you through the patchwork of colors created by the fruit tree blossoms. The route has a level 2 difficulty, and

an elevation change of only 553 meters, making it apt for visitors of all ages.

2 Route of the Waterwheels (Norias) of Abarán

The route of the waterwheels (norias), a path integrated into a setting that was designated a Cultural Interest Site in 2018, under the category Place of Ethnographic Interest, features four waterwheels that preserve their centuries-old essence, and to this day continue to water the surrounding orchards.

The itinerary begins in the Park of the Norias, taking you across orchards, riverbank woods and representative elements of the water culture, on both sides of the Segura River. This trail offers an immersive experience in the ethnographic richness of Abarán, where the history of the waterwheels fuses with the natural and cultural landscape along the trail.

WHERE TO EAT

Brasería Merendero Los Tanas

Avda. de la Constitución, s/n, 30550 Abarán, Murcia
696 946 391

La Parraletta

Ctra. de Blanca, s/n, 30550 Abarán, Murcia
686 055 572

TWO-DAY ROUTE ESTIMATED COST

- Gas: 10€ (60 km)
- Lunch and dinner (menu for 2 people): 120€
- Lodging (double room, 2 people): 250€

TOTAL 2 PEOPLE: 380€

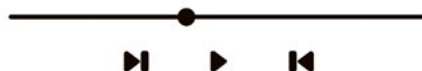


Cieza (Murcia)



Fruit trees in bloom at Cieza (Murcia)

Discover more in ...



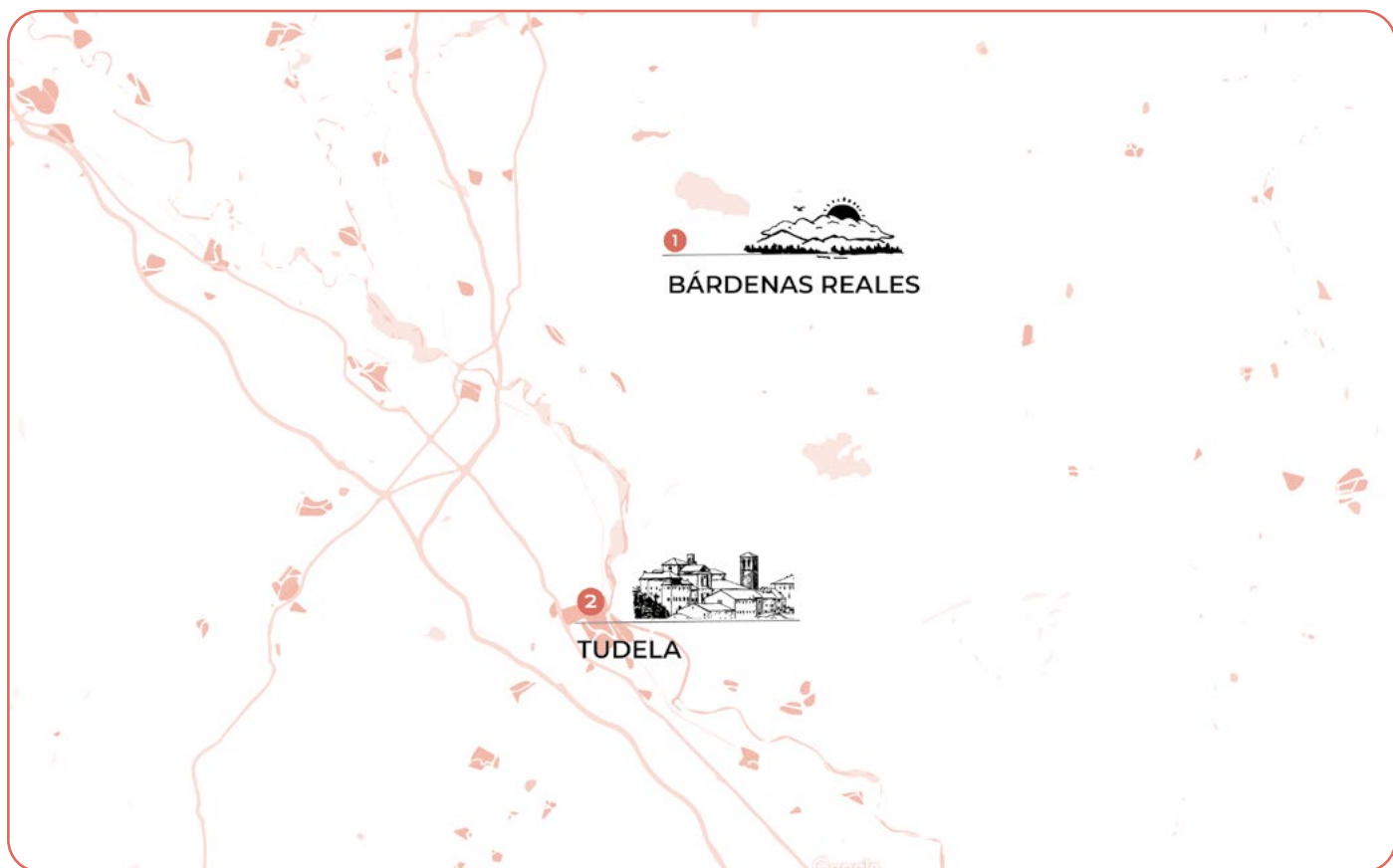




Las Bardenas Reales Natural Park, a UNESCO Biosphere Reserve, in Ribera
de Navarra

La Ribera de Navarra

NAVARRA



La Ribera de Navarra



DAY 1. BÁRDENAS REALES NATURAL PARK AND TUDELA

1 Bardenas

The morning begins with a visit to the Natural Park and Unesco Biosphere Reserve of Bardenas Reales de Navarra, a unique natural space in Europe. Bardena Blanca is a semi-desert or badlands, where erosion has shaped some spectacular formations, such as the Castildetierra and the Cortados de la Raya and el Rallón, in sharp contrast to the green of the Mediterranean pines in Bardena Negra

It's a landscape that remains etched in the memory of anyone who goes there. The Bardenas Reales can be freely visited by car, bike, on foot, or through booking an organized activity with the local active tourism companies.

2 Tudela

In the afternoon, head straight to Tudela, capital of the Ribera de Navarra, which holds a wealth of historic-artistic and cultural patrimony. One of the most outstanding spaces in Tudela is its square, the Plaza de los Fueros, constructed in the 18th century, with other buildings from that era that include the Casa del Reloj (the House of the Clock) and the old hospital Nuestra Señora de Gracia. This square serves as a hub for the people of Tudela and visitors alike, and from this point many guided tours and tourist routes

meet up, as it is one of the main ways to access the town's historic quarters. In the heart of this quarter, you can visit the most emblematic building in Tudela: the Cathedral of Santa María la Real, constructed during the 12th and 13th centuries, with its outstanding Romanesque cloister and the Door of the Judgement. Access to these visits is through the Decanal Palace, the Renaissance construction that is home to the Tudela Museum. Likewise recommended is a visit to the city's most representative civil constructions such as the Palace of the Marqués de San Adrián and the Palace of the Marqués de Huarte.

The lookout at Cerro de Santa Bárbara, also called the Tudela Overlook, is noteworthy for its views of the city, the bridge over the Ebro River and the Mejana cultivated countryside.

And of course, Tudela is well known for its gastronomy, which includes local products like asparagus from Navarra, Tudela artichokes, and an endless variety of the finest vegetables, dressed in the region's exquisite extra virgin olive oils and accompanied by the fine wines from the region. Don't miss out on sampling its rich culinary offer.

WHERE TO HAVE LUNCH

Restaurante Bardenas

C/ Real, 96, 31513 Arguedas, Navarra
948 830 145

Restaurante Remigio

Pl. Fueros, 2, 31500 Tudela, Navarra
hostalremigio.com
948 820 850

Mesón Julián

C/ Merced, 9, bajo, 31500 Tudela, Navarra
mesonjulian.com
615 670 565

Restaurante La Posada de la Rubia

C/ Caldereros, 5, 31500 Tudela, Navarra
948 032 460

WHERE TO HAVE DINNER

Restaurante Treintaitrés

C/ Pablo Sarasate, 7, 31500 Tudela, Navarra
restaurante33.com
948 827 606 | 948 916 072

Hostal Restaurante Pichorradicas

C/ Cortadores, 11, 31500 Tudela, Navarra
948 821 021

Restaurante Topero

Pl. Fueros, 5, 31500 Tudela, Navarra
restaurantetopero.es
948 047 646

WHERE TO STAY

Hotel Santa Ana Tudela

C/ Rúa, 27, 31500 Tudela, Navarra
hotelsantaanatudela.com
948 054 269

Hotel Restaurante Pago de Cirsus

Crta. de Ablitas a Ribaforada, km. 5, 31523 Ablitas, Navarra
pagodecirsus.com
948 386 426

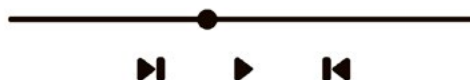
La Casa del Abuelo

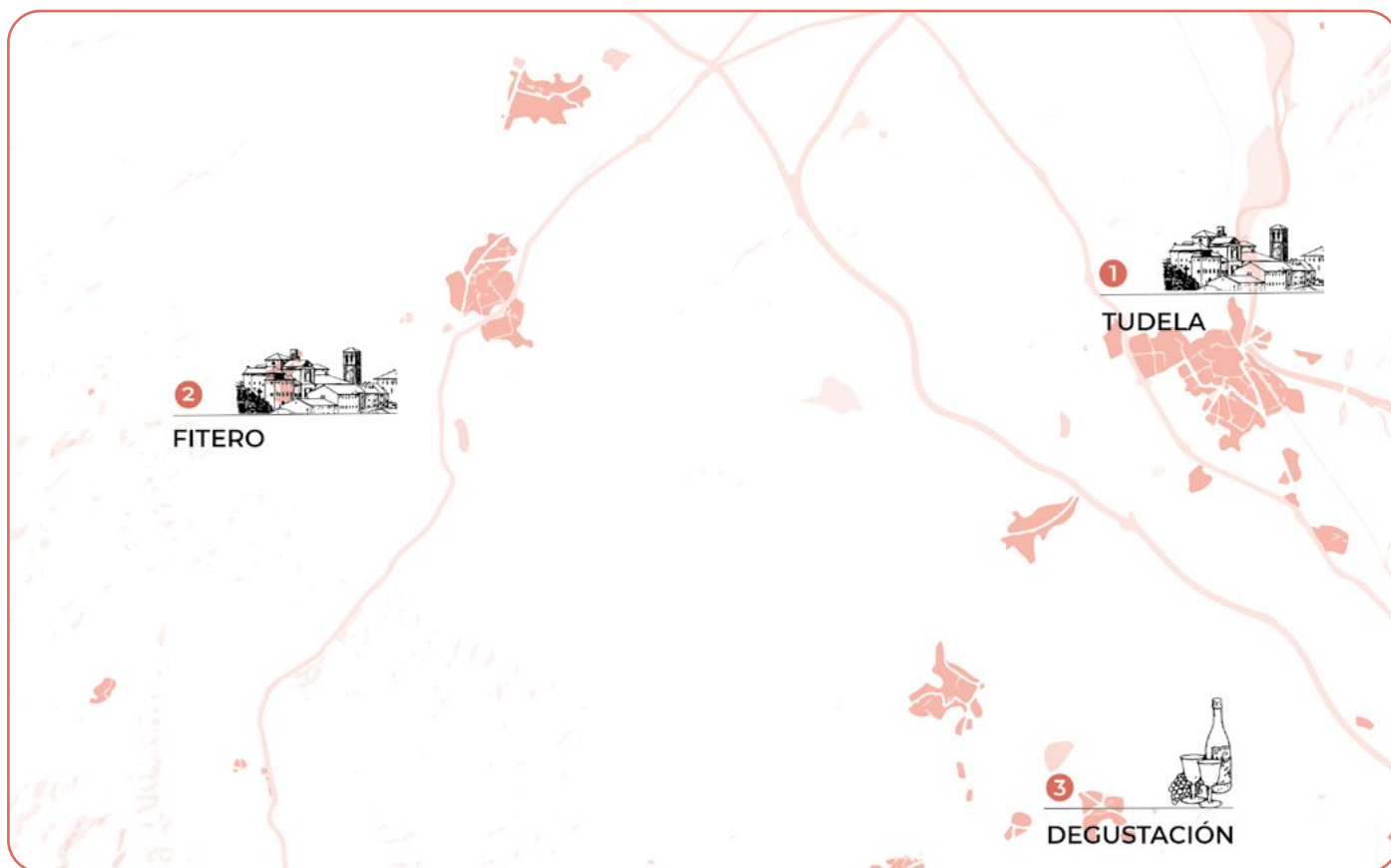
C/ Carnicerías, 6, bajo, 31500 Tudela, Navarra
605 083 239 | 633 095 501



Cloister in the Santa María de Tudela Cathedral (Navarra)

Discover more in ...





La Ribera de Navarra



DAY 2. FITERO AND BALNEARIOS (SPAS)

1 Tudela (the Ebro Green Corridor/Corredor Verde del Ebro)

We recommend you begin the day by walking or biking the Green Corridor of the Ebro where it goes through Tudela and la Ribera; it coincides with traditional routes and pilgrimage ways such as the Camino de Santiago of the Ebro.

Throughout this itinerary you can enjoy the diverse and lush river landscape of the thickets, orchards and farmlands, along with bird hides from which numerous aquatic bird species can be spotted. You can also canoe or kayak down the river.

2 Visitas de degustación

The Ribera de Navarra produces excellent high-quality wines: reds, whites, rosés, and sweet wine, highly valued at the finest tables. Head to one of the wineries that form part of the Navarra Wine Route for wine-tastings. We recommend the Bodega Pago de Cirsus en Ablitas and the Bodegas Malón de Echaide in Cascante, where you can partake in wine-tourism through the guided visits that both offer.

3 Fitero

After this break, your day continues in Fitero. This town holds one of the architectural jewels of the Ribera

Navarra, the Cistercian Monastery of Santa María la Real. Head to the town's tourist office to find out about the different options for visiting the monastery and its outstanding Renaissance cloister.

To wind up your stay in the Ribera de Navarra, we recommend going to the spa, Balneario de Fitero, where you'll have the perfect ending to your day, focused on health and relaxation. The heavily mineralized thermal waters in this enclosure, dating back to Roman times, reach up to more than 50°C. Added to this is the enchantment of its privileged natural setting, which served as inspiration for such emblematic figures as the poet Gustavo Adolfo Bécquer.

WHERE TO HAVE LUNCH

Hotel Restaurante Pago de Cirsus

Ctra. de Ablitas a Ribaforada, km. 5, 31523 Ablitas, Navarra
pagodecirsus.com
948 386 426

Restaurante La Fiterana

C/ Lejalde, 27, 31593 Fitero, Navarra
lafiterana.com
948 776 507

Restaurante Maher

C/ Ribera, 19, 31592 Cintruénigo, Navarra
hotelmaher.com
948 811 150

Asador La Ribera

C/ Ribera, 15, bajo, 31592 Cintruénigo, Navarra
948 027 445

TWO-DAY ROUTE ESTIMATED COST

- Gas: 30-40€ (80 km)
- Lunch and dinner (menu for 2 people): 160-300 €
- Lodging (double room, two people): 90-140 €

TOTAL: 280-480 € (2 PEOPLE)



Wine-tasting at the Pago de Cirsus Bodega in Ablitas (Navarra)



Thermal waters circuit at the Fitero Spa (Navarra)

Discover more in ...







Cycling route through the Montaña Alavesa, The Basque Country

La Montaña Alavesa

PAÍS VASCO



Montaña Alavesa



DAY 1. HIKING AND MEDIEVAL VILLAGES. LET THE MONTAÑA ALAVESA SURPRISE YOU!

1 Arraia-Maeztu

We propose beginning your first day in the Izki Natural Park, one of the region's most representative and beloved symbols, with its wealth of natural resources, wide variety of landscapes and rich cultural heritage.

2 Valle de Arana

If you love hiking or mountain biking, you are in the perfect spot to immerse yourself in the splendor of the many routes and trails available.

There is a wide range of ways to get to know the park, so you can adapt them to your own tastes and physical abilities. We recommend visiting the village of Korres, the only town located within the natural park and an important ancient medieval fortress. The Izki Natural Park Interpretation Center is also located here.

3 Campezo

In the afternoon we propose taking a heritage-themed route by car through the different villages that make up the municipalities of Arraia-Maeztu, Valle de Arana and Campezo. Although each village in the Montaña Alavesa has its particular charm, and stopping at any of them is an excellent choice, here are some recommendations for your visit: the Walls of Antoñana;

the Sanctuary of Ibernalo in Santa Cruz de Campezo; the pretty medieval town of Kontrasta with its unusual church, partially constructed with gravestones from a Roman necropolis; the hermitage of Elizmendi; the countryside of Santa Teodosia where there is an ash tree that has been officially catalogued as a "singular tree specimen".

WHERE TO HAVE LUNCH

Bar Restaurante Izki

Ctra. Vitoria-Estella, km 26, 01120 Maeztu, Álava
restauranteizki.com
945 410 388

Hotel Restaurante Los Roturos

C/ Herrería, 10, 01120 Arraia-Maeztu, Álava
hotellosroturos.es
945 410 250

Restaurante Virgala

Ctra. Vitoria-Estella, km 23, 01129 Virgala Mayor, Álava
hostalvirgala.com
945 410 153

Casa Rural | Inta Landetxea

C/ Pedro Anton, 14, 01110 Santa Cruz de Campezo, Álava
intalandetxea.com
679 343 162

WHERE TO HAVE DINNER

Arrea!

Subida al frontón, 46, 01110 Santa Cruz de Campezo, Álava
arrea.eus
689 740 370

Bar Restaurante Ibernalo

Ctra. La Ermita, s/n, 01110 Santa Cruz de Campezo, Álava
945 403 501

Restaurante Obenkun

C/ de Juegabolos, 2, 01117 San Vicente de Arana, Álava
restauranteobenkun.com
945 406 123

WHERE TO STAY

Hostel Kanpezu Aterpea

C/ Arrabal, 97, 01110 Santa Cruz de Campezo, Álava
kanpezu.com
945 212 051

Agroturismo Marivi

C/ Herrería, 9, 01117 Orbiso, Álava
637 592 360

Vivienda Turística Ximenetxe

C/ Juntas Generales, 1, 01110 Santa Cruz de Campezo, Álava
ximenetxe.com
623 112 593

Casa Rural | Ibernalo Landetxea

Ctra. La Ermita, 01110 Santa Cruz de Campezo, Álava
945 403 501

Agroturismo Angus Etxea

C/ Herrería, 1, 01118 Bernedo, Álava
angusetxea.com
645 735 695

Apartamentos Rurales | La Pikurutza

C/ Resbaladero, 1, 01118 Bernedo, Álava
lapikurutza.com
660 071 526

Casa Rural | Amets Etxea

C/ del Medio, 1, 01118 Bernedo, Álava
ametsetxea.com
607 817 321

Casa Rural | Gaztelubidea

C/ Cementerio Viejo, 2, 01118 Bernedo, Álava
gaztelubidea.com
660 478 737

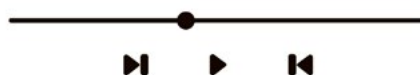
Casa Rural | Aitonaren Etxea

C/ Eduardo Urarte, 4, 01118 Urturi, Álava
aitonarenetxea.com
605 726 586

Hotel Urturi Golf

C/ Arriba, s/n, 01118 Urturi, Álava
630 075 547

Discover more in ...





Montaña Alavesa



DAY 2: A GASTRONOMY TOUR AFTER A "BAPTISM IN GOLF".

EVERYTHING IS POSSIBLE IN THE MONTAÑA ALAVESA!

1 Izki Golf

For your second day, our proposal is to start out at the Izki Golf de Urturi. Playing on this course is a unique experience, where you can enjoy both a game of golf and nature in its purest form.

"Golf Baptism" introduces you into the world of golf if you haven't ever played. And besides a game of golf, you have two alternatives in the same enclave: you can observe wildlife in the area along the Senda del Zorro (Fox Trail) or from the birding hides.

2 Bernedo y Lagrán

Afterwards, you can visit the wonderful small towns in the municipalities of Bernedo and Lagrán.

In the latter, a visit to the GR-38 Interpretation Center is a must (the Wine and Fish Route), a space in which technology and audiovisual simulations bring to life the reasons for this route of wine and fish. You can also do some hiking on the Route of las Caleras and las Carboneras in Lagrán.

3 Peñacerrada-Urizaharra

Don't bid farewell to this region without going to the

municipality of Peñacerrada-Urizaharra. Each of its six incredible villages deserve a visit. The ancient wall of Peñacerrada-Urizaharra, the open air Ethnographic Museum, the hermetic setting of the caves of Faido and the hermitage Nuestra Señora de la Peña in Faido, the oldest church with religious service in the Basque Country, are just a few of treasures that this municipality holds.

WHERE TO HAVE LUNCH

El Asador Argentino del Izki Golf

C/ Arriba, s/n, 01118 Urturi, Álava
654 034 913

Bar Restaurante Garimotxea

C/ Eduardo Urarte, 15, 01118 Urturi, Álava
630 414 066

TWO-DAY ROUTE ESTIMATED COST

- Gas: 15€ (130 km)
- Lunch and dinner (menu for 2 people): 180 €
- Lodging (double room, two people): 120 €
- Golf Baptism (2 people): 24€

TOTAL: (2 PEOPLE) 339€

**The Montaña Alavesa region has an extensive offer of lodgings where you can have a great stay. The establishments here were included because of their proximity to the activity itinerary we've proposed.*



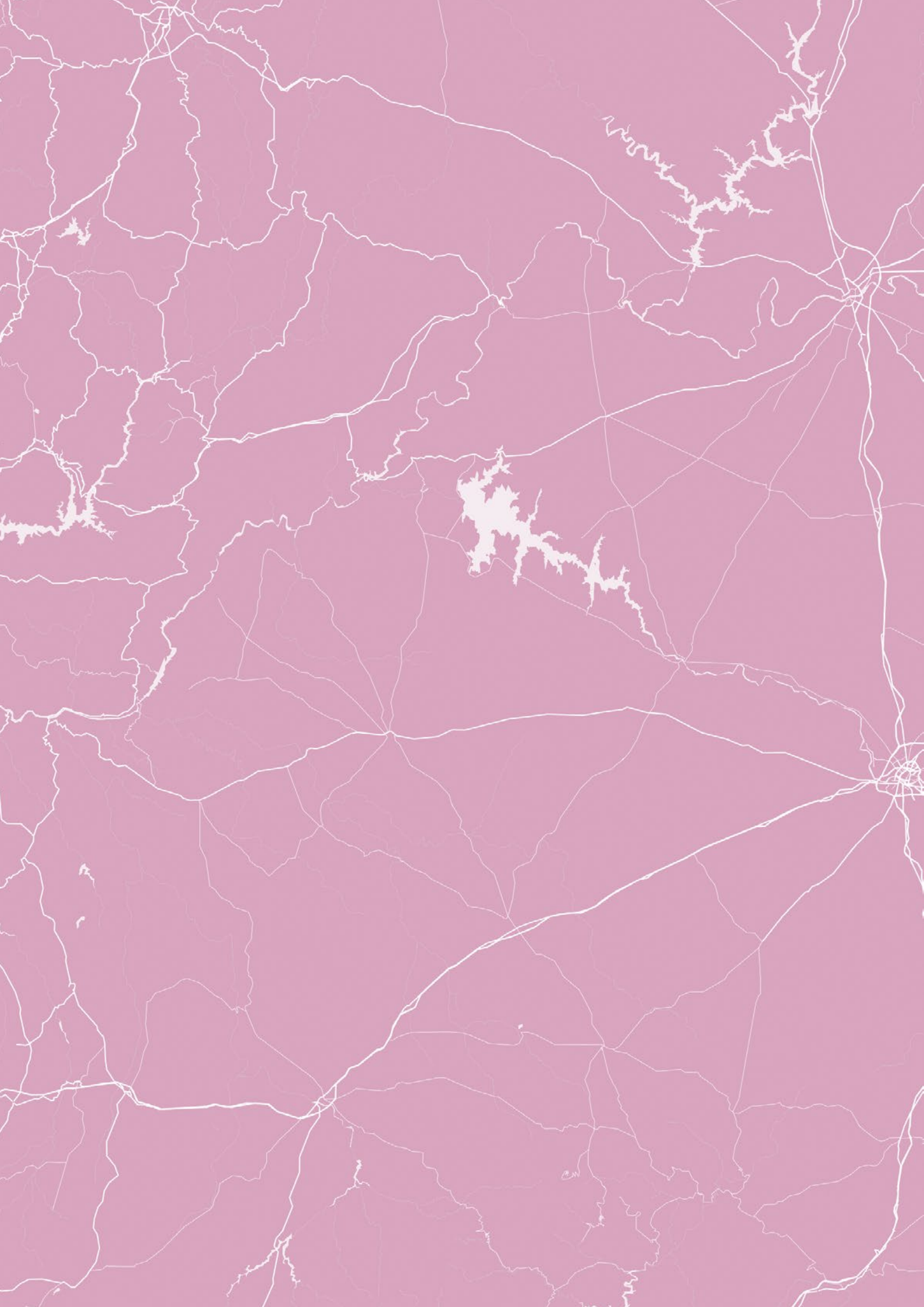
Izki Natural Park (Álava)



Panoramic view of Bonete de San Tirso (Álava)

Discover more in ...





The more you know,
the better you see.



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